

BYLAWS
CEA-HOW PHONE BRIDGE INTERGROUP
Intergroup Number 90140

COMPULSIVE EATERS ANONYMOUS HOW

The specific aim and primary purpose of Compulsive Eaters Anonymous-HOW is to assist those persons who acknowledge their problem of eating compulsively and to aid them in the process of recovery from that disease. The general purpose and intent is to promote public and personal health and to work with and provide charitable and cultural assistance to those with the problems of compulsive eating and food addiction.

ARTICLE 1. NAME AND PURPOSE

SECTION 1. NAME

The name of this organization shall be the **CEA-HOW Phone Bridge Intergroup** (hereinafter referred to as "**Intergroup**").

SECTION 2. PURPOSE

The purposes of Intergroup are to act as guardian of CEA-HOW's Twelve Steps, Twelve Traditions, Twelve Concepts of Service, the CEA-HOW Concept, and the Seven Tools; to provide service, support and educational outreach to member groups; to facilitate group formation; to distribute CEA-HOW literature to individuals and member groups; to facilitate communication and participation in the CEA-HOW organizational structure (among the groups, intergroups, Area 10 and the World Service Office); to facilitate discussion and resolution of local issues; and to arbitrate disputes therein. Matters which affect CEA-HOW as a whole shall be addressed by the CEA-HOW Board of Directors.

ARTICLE 2. OFFICES

The principal office of the organization for the transaction of its business is located at the post office box of the city where the current Finance Coordinator resides. This address will be kept current with the World Service Office, Area, and Intergroup Representatives.

ARTICLE 3. REGISTRATION

- a) Intergroup shall be duly registered with the World Service Office of Compulsive Eaters Anonymous-HOW upon approval of the Board of Directors of Intergroup’s Bylaws. Intergroup must submit the list of all groups it represents. For approval, the Bylaws must exactly conform with CEA-HOW’s Twelve Steps, Twelve Traditions, Twelve Concepts of Service, the CEA-HOW Concept, the Seven Tools and Article 20 of the Bylaws of Compulsive Eaters Anonymous-HOW World Service Organization.

- b) Intergroup must be formally registered, along with Intergroup’s Area Representatives, with the WSO and the Area Assembly thirty (30) days prior to the opening of an Area Assembly to send Representatives to the current Assembly. (See Article 13, Section 7 of Intergroup Bylaws for qualifications and selection of Area Representatives and for more information about the Area Assembly.)

ARTICLE 4. INTERGROUP COMPOSITION

Intergroup consists of one elected representative from each registered group within Intergroup’s locale, Intergroup Officers and the Intergroup’s Area Representatives.

ARTICLE 5. INTERGROUP REPRESENTATIVES

SECTION 1. QUALIFICATIONS

Intergroup Representatives shall maintain a minimum 90 days of continuous CEA-HOW abstinence. They shall have completed the Three-Step Ceremony. They shall maintain an active relationship with a CEA-HOW sponsor; declare themselves as actively practicing the Twelve Steps, CEA-HOW Concept, Seven Tools, and Twelve Traditions; and agree to comply with and be bound by the terms and provisions of the prevailing Bylaws of Intergroup.

SECTION 2. TERM OF OFFICE

Intergroup Representatives shall be elected to their office for six (6) months. An Intergroup Representative may be re-elected for three (3) additional terms. No Intergroup Representative may be elected for more than four (4) consecutive terms (2 years) for the same meeting. A person may be re-elected as an Intergroup Representative for that meeting after a one (1) year absence from

that position or as an Intergroup Representative serving a different meeting.

SECTION 3. ELECTION

Intergroup Representatives are elected by registered Groups. Each Group may elect one (1) Intergroup Representative and one (1) Alternate. A person may not be elected to represent more than one Group at a time.

SECTION 4. NONLIABILITY OF INTERGROUP REPRESENTATIVES

Intergroup Representatives shall not be personally liable for the debts, liabilities, or other obligations of the Intergroup.

SECTION 5. REMOVAL FROM OFFICE OF INTERGROUP REPRESENTATIVES

An Intergroup Representative shall be removed from office following failure to attend two consecutive Intergroup meetings without prior notification.

ARTICLE 6. INTERGROUP MEETINGS

SECTION 1. MEETING PLACE AND TIME

a) The Intergroup shall have **bi-monthly** meetings (every other month) during **February, April, June, August, October, and December**. Meetings shall be held as determined by Intergroup policy and/or at such time and place as otherwise noticed in writing or email notice at least four (4) weeks in advance.

b) The **October** meeting shall be designated as Intergroup's Annual Meeting.

SECTION 2. CONDUCT OF MEETINGS

a) Intergroup Chair shall preside over the meetings of Intergroup, or, in the Chair's absence, by the Vice Chair of Intergroup. If the Secretary is absent, the presiding officer shall appoint another person to act as Secretary of the Meeting.

b) Meetings shall be governed by the latest edition of *Robert's Rules of Order Newly Revised*, as such rules may be revised from time to time, insofar as such rules are not inconsistent with or in conflict with these Bylaws or with provisions of Law.

SECTION 3. QUORUM

A quorum shall consist of 50 % of all filled positions plus one, in addition to any Executive Board members present.

SECTION 4. VOTING RIGHTS

Individuals with voting rights at Intergroup meetings shall be:

1. Group or meeting representatives
2. Chairperson votes only to break a tie or in elections. Chairperson may also nominate for elections.
3. Other Executive Board members (Vice Chair, Secretary, Treasurer)
4. Intergroup's Area Representative(s) (if not member(s) of Executive Board)
5. Meetings will be open to CEA-HOW members who may observe but may not comment or vote.
6. Any officer or member of the CEA-HOW, Inc., Board of Directors may attend any meeting of the Intergroup to observe and comment but may not vote.

SECTION 5. MAJORITY ACTION AS INTERGROUP ACTION

Every act or decision done or made by a majority of Intergroup member groups present at a meeting duly held at which a quorum is present is the act of the entire Intergroup, unless specifically restricted in the Bylaws of Intergroup or provisions of the Law. Any decision relating to appointment of committees, approval of contracts, or transactions in which any Intergroup member has a material financial interest will require approval of three-fourths (3/4) of all current member groups of Intergroup.

SECTION 6. OTHER MEETINGS

Intergroup may hold other meetings upon providing seven (7) days advance written/emailed notice to all registered groups within its locale.

SECTION 7. INTERGROUP COMMITTEES

Intergroup may, by resolution adopted by a majority of the Intergroup Representatives present and voting at any Intergroup meeting, create one or more committees. Such committees shall not exercise the authority of Intergroup.

- a) Each committee shall be chaired by an Intergroup Representative, Area

Representative, or Executive Board member, to serve at the pleasure of the Executive Board.

Chairs of such committees shall be appointed by Intergroup Chair. The Chair, Vice Chair, Treasurer, and Secretary, shall be *ex officio* members of all such committees, entitled to voice and vote. Such committees may consist of persons who are not also Intergroup Representatives, Area Representatives, or Executive Board members.

b) Meetings and actions of the committees shall be governed by the provisions of these Bylaws concerning meetings of Intergroup. The time for regular meetings of committees may be fixed by resolution of Intergroup Executive Board or by the committee. The convening time for special meetings of committees may be fixed by the committees. Intergroup Executive Board may also adopt guidelines, consistent with the provisions of these Bylaws, pertaining to the conduct of committee meetings.

ARTICLE 7. INTERGROUP EXECUTIVE BOARD

SECTION 1. NUMBER OF MEMBERS

Intergroup shall have an Executive Board consisting of **four (4)** members. The number of members of the Executive Board may be changed by amendment of these Bylaws.

SECTION 2. CHARGE

The purpose of the Intergroup Executive Board is to provide support to Intergroup's member groups consistent with the Twelve Steps, Traditions, Concepts of Service, CEA-HOW Concept, and Seven Tools, which constitute the recovery program upon which the Fellowship of CEA-HOW is founded.

SECTION 3. COMPOSITION

Intergroup Executive Board shall consist of Intergroup's Chair, Vice Chair, Secretary, and Treasurer.

SECTION 4. POWERS

Subject to the provisions of any limitations in the Bylaws relating to action

required or permitted to be taken or approved by the members of this organization, the activities and affairs of this organization shall be conducted and all organization powers shall be exercised by or under the direction of Intergroup Executive Board.

SECTION 5. DUTIES AND RESPONSIBILITIES

- a) Each Executive Board shall serve and represent Intergroup as a whole. The members of the Executive Board, subject to the law, are expected to exercise the powers vested in them in a manner consistent with the faith that permeates and guides the Fellowship of CEA-HOW, inspired by the Twelve Steps of CEA-HOW, in accordance with the Twelve Traditions, Twelve Concepts of Service, and these Bylaws.

- b) Subject to the limitations of these Bylaws and the decisions of the CEA-HOW World Service Business Conference, Intergroup Executive Board shall direct all powers exercised by Intergroup. Without prejudice to such general powers but subject to the same limitations, it is hereby expressly declared that the Executive Board shall have the following powers and responsibilities:
 - 1. To act as guardians of the Twelve Steps, Twelve Traditions, Twelve Concepts of Service, the CEA-HOW Concept and Seven Tools, insuring that they are not altered in any way, unless directed to do so by the CEA-HOW Inc., World Service Office.

 - 2. To conduct, manage, and control the affairs and business of Intergroup and to make such rules and regulations consistent with law, these Bylaws, or the action of the CEA-HOW World Service Business Conference.

 - 3. To manage in such a manner as they deem best all funds received and acquired by Intergroup and to distribute, loan, or disperse that acquired income.

 - 4. To call to the attention of any Group any violation of the Twelve Traditions which it believes an Individual or Group has made and to implement appropriate policies, if any, intended to deal with such violations.

5. To provide for the retail distribution of CEA-HOW publications and translations.
6. To furnish counsel and guidance to member Groups.
7. To support and guide education and attraction efforts of CEA-HOW.
8. To provide forums for the interchange of ideas and information among Groups and CEA-HOW service bodies.
9. To be instrumental in carrying the CEA-HOW message of recovery to compulsive eaters.

SECTION 6. TERM OF OFFICE

Executive Board members shall be elected at the Annual Meeting of the Intergroup for a period of two (2) years. The Chair and Treasurer will be elected in odd-numbered years. The Vice Chair and Secretary will be elected in even-numbered years.

Executive Board members may be elected with a special election at any time in order to fill the remaining term created by a vacancy. Executive Board members shall serve no more than four (4) consecutive years in one position; and no more than eight (8) consecutive years on the board. An otherwise-qualified person may be reelected to the Executive Board after a two-year absence from the Executive Board.

SECTION 7. COMPENSATION

Executive Board members shall serve without compensation. They may, however, be allowed reasonable reimbursement of expenses which have been preapproved by the Executive Board.

SECTION 8. QUALIFICATIONS

Minimum qualifications for Executive Board members shall be one (1) year in the Fellowship and six (6) months of continuous recovery in CEA-HOW as evidenced by six (6) months of continuous abstinence. To be vice-chair, secretary or treasurer, they shall have served six (6) months as an Intergroup Representative for a Phone Bridge meeting or any other CEA-HOW meeting, or at any level above that of Intergroup Representative. To be the chair, they shall have served six (6) months as Phone Bridge Intergroup Representative or at any level above that of Intergroup Representative with the Phone Bridge Intergroup.

They should visibly reflect the ideals of CEA-HOW in order to serve as role models to others. They must also have given away a Fourth Step Inventory; must share an active relationship with their sponsor; declare themselves to be practicing the Twelve Steps, Twelve Traditions, Twelve Concepts of Service, CEA-HOW Concept, and Seven Tools, and continual recovery including abstinence; and agree to comply with and be bound by all the terms and provisions of the prevailing Bylaws of Intergroup.

SECTION 9. PARLIAMENTARIAN

Intergroup Executive Board may select one from its number, other than the Chair, to serve as Parliamentarian or may appoint any qualified individual to serve as Parliamentarian. In the absence of a Parliamentarian, questions of parliamentary procedure shall be resolved by a qualified appointee designated by the chairperson prior to the intergroup meeting. The Parliamentarian shall serve for a term of one (1) year which shall expire upon the selection of a new Parliamentarian. A Parliamentarian may serve successive terms.

SECTION 10. RESIGNATION AND REMOVAL OF EXECUTIVE BOARD MEMBERS

- a) Any Executive Board member may resign effective upon giving written notice to another member of Intergroup Executive Board, unless the notice specifies a later time for the effectiveness of such resignation, in which case such resignation shall be effective at the time specified. Unless such resignation specifies otherwise, its acceptance by Intergroup shall not be necessary to make it effective. Any Executive Board Member who advises the Board that he/she has returned to compulsive eating will be deemed to have resigned as of the time of receipt of such notice by the Board. Intergroup Executive Board may declare vacant the office of an Executive Board Member who has been declared of unsound mind by a final order or judgment of any court or convicted of a felony, or to have breached any duty under the governing laws of your area. If an Executive Board member shall fail to attend two (2) meetings or fail to respond to two (2) written consents of the Executive Board, without prior notification to the Secretary and good cause therefore, his/her office as Executive Board member may be declared vacant by a vote of a majority of all Executive Board members. No reduction of the authorized number of Executive Board members shall have the effect of removing any Executive Board member before the established term of office expires.

- b) Any Executive Board member may be removed by a two-thirds (2/3) majority vote of Intergroup Executive Board.
- c) Any Executive Board member may be removed by a two-thirds (2/3) majority vote of Intergroup Representatives present and voting at a meeting.

SECTION 11. EXECUTIVE BOARD REGULAR/SPECIAL MEETINGS

- a) Intergroup Executive Board shall have regular bi-monthly meetings preceding the regular bi-monthly Intergroup meeting, for the purpose of setting the agenda for the next intergroup meeting.
- b) Executive Board Meetings, regular or special will be held by conference telephone or similar communications equipment, so as long as all Executive Board members participating in such meeting can hear one another.
- c) If the conference calling number is changed, all executive board members and Intergroup Representatives should be notified immediately by phone or e-mail.
- d) Notice of Meetings. Special meetings of the Board shall be held upon four (4) days notice by telephone or email. If a regular or special meeting needs to be adjourned and continued, an absent Executive Board member shall be notified if the continued meeting time is more than 24 hours from the original meeting. Notice of Board meetings, whether regular or special, shall specify the day, hour of the meeting and the reminder of the conference calling telephone number. The primary purpose of the regular Executive Board meetings is to set the agenda for the intergroup meeting. The primary purpose of the special Board meetings shall be specified in the notice.
- e) Waiver of Notice and Consent to Holding Meetings. The transactions of any meeting of the Executive Board are valid, provided a quorum is present and provided that each absent Executive Board member is notified of the content of the meeting following the meeting.
- f) Special meetings of the Executive board may be called by the Chair, Vice-Chair, Treasurer, Secretary.

SECTION 12. QUORUM FOR EXECUTIVE BOARD MEETINGS

- a) Except as otherwise provided in these Bylaws or by law, no business shall be considered by the Executive Board at any meeting at which a quorum, as hereinafter defined, is not present, and the only motion which the Chair shall entertain at such meeting is a motion to adjourn. However, a majority of the Executive Board members present at such meeting may adjourn from time to time until the time fixed for the next regular meeting of the Executive Board.

- b) A quorum shall consist of three (3) Executive Board members.

- c) When a meeting is adjourned for lack of a quorum, it shall not be necessary to give any notice of the time and place of the adjourned meeting or of the business to be transacted at such meeting, other than by announcement at the meeting at which the adjournment is taken, except as provided in Section 19 of this Article.

- d) The Executive Board members present at a duly called and held meeting at which a quorum is initially present may continue to do business notwithstanding the loss of a quorum at the meeting due to a withdrawal of Executive Board members from the meeting, provided that any action thereafter taken must be approved by at least a majority of the required quorum for such meeting or such greater percentage as may be required by law or the Bylaws of this Intergroup.

SECTION 13. MAJORITY ACTION AS EXECUTIVE BOARD ACTION

Every act or decision done or made by a majority of the Executive Board members present at a meeting duly held at which a quorum is present is the act of the Intergroup Executive Board, unless specifically restricted in the Bylaws of this organization or provisions of the Law. Any decision relating to appointment of committees, approval of contracts, or transactions in which any Executive Board member has a material financial interest will require unanimous approval of all current members of the Executive Board.

SECTION 14. CONDUCT OF MEETINGS

- a) The Chair shall preside at meetings of the Intergroup Executive Board. In the Chair's absence, the Vice Chair shall preside. If the Secretary is

absent, the presiding officer shall appoint another person to act as Secretary of the Meeting.

- b) Meetings shall be governed by the latest edition of *Robert's Rules of Order, Newly Revised*, as such rules may be revised from time to time, insofar as such rules are not inconsistent with or in conflict with these Bylaws or with provisions of Law.
- c) Meetings may be open to CEA-HOW members who may observe but not comment or vote.

SECTION 15. NOMINATION OF EXECUTIVE BOARD MEMBERS

The nominations for Executive Board membership shall be made by the voting members of Intergroup.

SECTION 16. ELECTION OF EXECUTIVE BOARD MEMBERS

- a) To be eligible for election, a nominee must be qualified and must appear before the voting representatives of the registered groups present at the time of the election.
- b) To be elected, each nominee must receive a majority vote of the voting representatives of the registered groups present at the time of the election.
- c) The newly elected Executive Board member(s) shall take office immediately at the conclusion of the meeting at which they were elected.

SECTION 17. VACANCIES

Vacancies occurring among the Executive Board members shall be filled by special election following the provisions in this article for nomination and election of Intergroup Executive Board members. An Executive Board member elected at a special election will serve until the conclusion of the next election held at the Annual Meeting.

SECTION 18. NONLIABILITY OF EXECUTIVE BOARD MEMBERS

Executive Board members shall not be personally liable for the debts, liabilities, or other obligations of the Intergroup.

SECTION 19. INDEMNIFICATION BY INTERGROUP OF OFFICERS, EMPLOYEES AND OTHER AGENTS

- a) To the extent that a person who is, or was, an officer, employee or other agent of this organization has been successful on the merits in defense of any civil, criminal, administrative or investigative proceeding brought to procure a judgment against such person by reason of the fact that he or she is, or was, an agent of the organization, or has been successful in defense of any claim, issue or matter, therein, such person shall be indemnified against expenses actually and reasonably incurred by the person in connection with such proceeding.

- b) If such person either settles any such claim or sustains a judgment against him or her, then indemnification against expenses, judgments, fines, settlements and other amounts reasonably incurred in connection with such proceedings shall be provided by this organization but only to the extent allowed by, and in accordance with the requirements of the applicable law or code.

SECTION 20. SUBORDINATE OFFICERS

The Intergroup Executive Board may appoint such officers or agents as it may be desirable, and such officers shall serve terms, have such authority, and perform such duties as may be prescribed from time to time by the Board. No such officer or agent will visibly conflict with the ideals of CEA-HOW.

SECTION 21. COORDINATORS

All Coordinators (except Literature Coordinator) require (3) three months back-to-back abstinence and stepped up as a Food and Inventory sponsor.

The Literature Coordinator requires (6) six months of back-to-back abstinence and have been stepped up as a Food and Inventory sponsor.

All Coordinator positions require maintenance of an active relationship with a CEA HOW sponsor; declare themselves as actively practicing the Twelve Steps, Twelve Traditions, CEA HOW Concept, and Seven Tools.

ARTICLE 8. EXECUTION OF INSTRUMENTS, DEPOSITS, AND FUNDS

SECTION 1. EXECUTION OF INSTRUMENTS

The Intergroup Executive Board, except as otherwise provided in these Bylaws, may by resolution authorize any officer or agent of the organization to enter into any contract or execute and deliver any instrument in the name of and on behalf of the organization, and such authority may be general or confined to specific instances. Unless so authorized, no officer, agent, or employee has any power or authority by, and contract or engagement to pledge its credit or to render it liable monetarily for any purpose or in any amount.

SECTION 2. CHECKS AND NOTES

Except as otherwise specifically determined by resolution of the Intergroup Executive Board, or as otherwise required by law, checks, drafts, promissory notes, orders for payments of money and other evidence of indebtedness of the organization shall be signed by the Treasurer and authorized by the Chair.

SECTION 3. DEPOSITS

All funds of the organization shall be deposited from time to time to the credit of the organization in such banks, trust companies, or other depositories as Intergroup or its Executive Board may select.

SECTION 4. GIFTS

Intergroup or its Executive Board may accept on behalf of the organization unrestricted contributions up to one thousand dollars (U.S.) (\$1,000.00 U.S.) per year from individuals who have been members in CEA-HOW. Contributions will not be publicly recognized.

ARTICLE 9. RECORDS AND REPORTS

SECTION 1. MAINTENANCE OF ORGANIZATION RECORDS

The secretary shall keep:

- a) Minutes of all meetings of the Intergroup, its Executive Committee, and committees. The minutes will indicate the time and place of such meetings, whether regular or special, how called, the notice given, and the names of those present and the proceedings thereof;

- b) A copy of the organization's Bylaws as amended to date, which shall be open to inspection at all reasonable times as determined by the Intergroup.

The treasurer shall keep:

- a) Adequate and correct books and records of account, including accounts of its properties and business transactions and accounts of its assets, liabilities, receipts, disbursements, gains and losses.

SECTION 2. INSPECTION RIGHTS

Every Intergroup Representative shall have the absolute right at any reasonable time to inspect and copy all books, records, and documents of every kind.

SECTION 3. RIGHT TO COPY AND MAKE EXTRACTS

Any inspection under the provisions of this Article may be made in person or by agent or attorney and the right to inspection includes the right to copy and make extracts. The organization may charge anyone who requests a copy of any record open to inspection.

SECTION 4. ANNUAL REPORT

- a) The Executive Board shall provide an annual report to be furnished not later than one hundred and twenty (120) days after the close of the organization's fiscal year to all Registered Meetings of the Intergroup via their Intergroup Representative. Such report shall contain the following information in appropriate detail:
 - 1) The assets and liabilities, including trust funds, of the organization as of the end of the fiscal year;
 - 2) The principle changes in assets and liabilities, including trust funds, during the fiscal year;
 - 3) The revenue or receipts of the organization for the fiscal year;
 - 4) The expenses or disbursements of the organization for the fiscal year.
- b) The annual report shall be accompanied by any report thereon of independent accountants, or, if there is no such report, the certificate of an authorized officer of the organization that such statements were prepared without audit from the

books and records of the organization.

ARTICLE 10. FISCAL YEAR OF THE INTERGROUP

The fiscal year of the Intergroup shall begin on the 1st day of August and end on the 31st day of July.

ARTICLE 11. FINANCES

SECTION 1. PROCEDURE

- a) Accounting procedures shall follow all general accepted accounting principles.
- b) Financial statements to the Intergroup Executive Board and all Registered Meetings shall be clear and easy to understand to prevent confusion and misinterpretations.
- c) Any Trustee or Intergroup Representative is entitled to examine the accounting records of Intergroup Office and any question concerning the finances is to be answered promptly by staff.

ARTICLE 12. INTERGROUP ASSETS

No participant of any local Group which is associated with CEA-HOW and no officer or employee or member of a committee or person connected with Intergroup, or any other private individual shall receive at any time any earnings or pecuniary profit from the operations of Intergroup. This shall not prevent payment to any such person of reasonable compensation for services rendered to or for the Organization in effecting any of its purposes as shall be fixed by the Intergroup Executive Board. No such person or persons shall be entitled to share in the distribution of any of the assets upon the dissolution of Intergroup. All participants of local Groups which are associated with CEA-HOW shall be deemed to have expressly consented and agreed that, upon such dissolution or winding up of the affairs of the Organization, whether voluntary or involuntary, the assets of the Organization then remaining in the hands of the Intergroup Executive Board after all debts have been paid, shall be divided and paid over in such amounts as the Board of Directors of CEA-HOW, Inc., and/or Intergroup Executive Board may determine. It may also be determined by a court of competent jurisdiction upon

application of the Intergroup Executive Board, exclusively to charitable, religious, scientific, literary, or educational organizations which would then qualify under the provisions of Section 510(c)(3) of the Internal Revenue Code and its regulations as they now exist or as they may hereafter be amended.

ARTICLE 13. BYLAW AMENDMENTS

SECTION 1. PROCEDURE

- a) Intergroup Representatives may amend these Bylaws by a 2/3 majority vote of Intergroup Representatives present at a duly noticed meeting of Intergroup.
- b) Amendments to these Bylaws shall be effective at the close of the fiscal year except as otherwise specified.

ARTICLE 14. PHILOSOPHY

SECTION 1. PHILOSOPHY

This Intergroup subscribes to the Philosophy of CEA-HOW, Inc., as set forth in the CEA-HOW, Inc., Bylaws, Part B, Philosophy (and as amended in the future) consisting of the Twelve Steps, the Twelve Traditions, the Twelve Concepts of Service, the CEA-HOW Concept, and the Seven Tools.

SECTION 2. ROLE

This Intergroup agrees to fulfill the roles of a CEA-HOW Intergroup and to abide by the rules and expectations of a CEA-HOW Intergroup as provided In the CEA-HOW, Inc., World Service Bylaws, Part C, Organizational Structure.

SECTION 3. DUTIES

This Intergroup understands that failure to make a good faith effort to comply with the CEA-HOW philosophy or that any attempt to intentionally or formally alter or modify the CEA-HOW philosophy may result in its being unregistered by a majority vote of the Board of Directors of CEA-HOW, Inc.

SECTION 4. RESPONSIBILITY

- a) This Intergroup understands that CEA-HOW, Inc., is not responsible for any act, omission, or debt of any of this Intergroup.

- b) This Intergroup understands that CEA-HOW, Inc., is not responsible for oversight, discipline, or management of any Intergroup. CEA-HOW, Inc., (through a request made by the Intergroup Executive Board or any duly authorized officer or employee) may require a report, explanation, accounting, or formal audit of any aspect of any operation of an Intergroup.

SECTION 5. COMMENTS

- a) Any officer or member of the CEA-HOW, Inc., Board of Directors may attend any meeting of the Intergroup to observe and comment but may not vote.

- b) This Intergroup understands that CEA-HOW, Inc., may comment or make a recommendation with respect to any aspect of the operation of an Intergroup, including the performance, action, or status of any officer or employee of the Intergroup. Such comment or recommendation may be oral or written and may be made to the leadership of the Intergroup, to any employee of the Intergroup, to any member group of the Intergroup, to the Area or other organization to which the Intergroup belongs, to any other CEA-HOW Group, Intergroup, Area, or other CEA-HOW organization, to any other interested party, to any appropriate regulatory authority, or to the public as may be advisable in CEA-HOW's sole discretion without any liability on behalf of CEA-HOW, Inc. Any individual associated with CEA-HOW, Inc., who wrongfully, intentionally, and maliciously abuses this right to comment and make recommendations shall be solely liable as an individual under the law. Any comment or recommendation made in good faith to remedy a perceived problem or to prevent any possible harm or problem shall not be grounds for liability.

SECTION 6. LIABILITY

If this Intergroup involves CEA-HOW, Inc., in any dispute, legal process, or litigation, it must reimburse CEA-HOW, Inc., for any legal expenses incurred, any damages incurred, or any settlements or awards paid.

SECTION 7. AREA ASSEMBLY

- a) Intergroup shall send Area Representatives (ARs) to the Area Assembly. The ARs and Alternates shall be elected from Intergroup's qualified members.

To meet the requirements of World Service Bylaws that the Intergroups elect Area Reps (ARs) and Alternates no later than November 1 and register ARs with the Area no later than December 1, elections for Area Reps shall be held at the October Intergroup Meeting. Intergroup will immediately forward names and addresses of ARs and Alternates to the Area Chair. ARs shall serve for a period of two (2) years.

b) If an Intergroup does not select its ARs or alternates or fails to inform the Area Chair before the Assembly, such ARs or alternates may appear with evidence of their due selection deemed credible by the Area Chair and such ARs or alternates shall be seated.

c) Intergroup shall be entitled to send one (1) qualified AR (Area Representative) for up to the first seven (7) groups it represents and one (1) AR for each additional ten (10) groups or any fraction thereof.

d) Qualifications for the Area Representative shall be consistent with the requirements for Area Representatives as listed in the Area 10 Bylaws.

- 1) Three (3) years in the CEA-HOW Fellowship;
- 2) One (1) year of continuous recovery in CEA-HOW as evidenced by one (1) year of continuous abstinence;
- 3) One (1) year of service above the meeting level;
- 4) Should visibly reflect the ideals of CEA-HOW in order to serve as a role model to others;
- 5) Must also be a qualified Food, Inventory and Step Sponsor;
- 6) Must share an active relationship with their Sponsor;
- 7) Declare themselves as practicing the Twelve Steps, CEA-HOW Concept and Seven Tools to the best of their ability.
- 8) Be committed to the Twelve Traditions and Concepts of Service of CEA-HOW;
- 9) Upon election or appointment, each Area Rep shall make a commitment of adherence to the Twelve Steps, Twelve Traditions, Twelve Concepts of Service, CEA-HOW Concept and Seven Tools as well as continuous abstinence in recovery. The Area Representative agrees to comply with and be bound by all the terms and provisions of the prevailing Area 10 and CEA-HOW, Inc. Bylaws.

- c) To be eligible for election, each nominee must be qualified as per the requirements of CEA-HOW, Inc. and must appear before the Representatives or be present on a teleconference.
- d) Area Reps may be elected at any time in order to fill the remaining term created by a vacancy except as specified in Article 5, Section 2 of the Area 10 Bylaws. Area Reps shall serve no more than eight consecutive years. A person may be re-elected as an AR after a two-year absence from such office.

CERTIFICATE

This is to certify that the foregoing is a true and correct copy of the Bylaws of the organization named in the title thereto and that such Bylaws were duly adopted by the Intergroup Representatives of said organization.

Dated: Revisions approved at 8/26/2018 Phone Bridge Intergroup meeting

Chair _____

Date _____

Vice-Chair _____

Date _____

Secretary _____

Date _____

Treasurer _____

Date _____