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# Compulsive Eaters Anonymous - HOW

## Board of Directors July 24, 2020 First Meeting of 2020-2021 Board

### Meeting Minutes

1. **CALL TO ORDER** at 2:17 pm PT

2. **SERENITY PRAYER**

3. **ROLL CALL**

Directors: Michael D., Shirle A., Janice R., Susan M., Lorraine S., Bryce M., Gris M., Jim W. (non-participating)

Corporate Officers: Jim W. (interim), Carolyn P., Diana H. (interim)

Executive Director: Ellie M

4. **Election of Board Officers**

The following officers were elected by acclamation:

- Chair: Michael D
- Vice Chair: Susan M

5. **Non-Participating Director**

Jim W., currently serving as Non-Participating Director agreed to continue another year.

6. **Election of Corporate Officers**

The following officers were elected by acclamation:

- President: Jim W. (interim)
- Vice President: Open
- Treasurer: Carolyn P
- Secretary: Open

7. **Executive Committee Members**

- President: Jim W
- Vice President: Open
- Chair: Michael
- Vice Chair: Susan M
- Treasurer: Carolyn P
- Secretary: Open
- Executive Director: Ellie M.
- Additional Director: Lorraine S

*CEA-HOW is A Way of life!*

*Everyone is welcome to attend Board meetings as observers. Please note that observers may not vote and may not speak unless the Board specifically invites comment. The Board may close meetings for reasons of confidentiality.*

## **8. Director of the Month (DOM) Schedule**

### **2020**

- August: Lorraine S.
- Sept: Shirle A.
- Oct: Janice R.
- Nov: Susan M.
- Dec: Michael D.

### **2021**

- Jan: Bryce M.
- Feb: Lorraine S.
- Mar: Janice R.
- April: Michael D.
- May: Susan M.
- June: Shirle A.
- July: Gris M.

## **9. Board Liaison Assignments**

- Finance: Carolyn P.
- Sponsorship: Bryce M.
- Education: Lorraine S.
- Convention: | Co-Convention: Lorraine S., Gris M.
- Special Needs: Shirle A.
- Literature: Susan M.
- Policy Manual: Susan M.
- Urgent New Business: Michael D.
- Website: Janice R.
- Agenda: Michael D.
- Public Information: Janice R.

## **10. Quarterly Board Meetings**

Meetings are held on the fourth Saturdays of the month at 7:00am PT via teleconference (additional meetings may be called as needed):

- October 24, 2020
- January 23, 2021
- April 24, 2021

## **11. Quarterly Executive Committee Meetings:**

Meeting are held on the Wednesday 10 days prior to the Quarterly Board Meeting

- October 14, 2020
- January 13, 2021
- April 14, 2021

NOTE: Board liaison reports are due 10 days before quarterly board meetings:

- October 14, 2020
- January 13, 2021

- April 14, 2021

**12. Mentors for New Directors**

- Bryce – Lorraine
- Gris – Janice (Google translator)

**13. Intergroup Liaisons - Reach Out**

Tabled until next Board meeting

**14. Convention Workshops**

None this year

**15. Convention 2021**

Early Bird registration that was scheduled to open August 1<sup>st</sup> has been postponed due to COVID-19. Discussion is tabled until next Board meeting

**16. Next BOD Meeting October 24, 2020**

**17. Adjournment at 2:55 pm PT**