Compulsive Eaters Anonymous - HOW

Board of Directors
July 24, 2020
First Meeting of 2020-2021 Board

Meeting Minutes

1. CALL TO ORDER at 2:17 pm PT

2. SERENITY PRAYER

3. ROLL CALL
   Corporate Officers: Jim W. (interim), Carolyn P., Diana H. (interim)
   Executive Director: Ellie M

4. Election of Board Officers
   The following officers were elected by acclamation:
   • Chair: Michael D
   • Vice Chair: Susan M

5. Non-Participating Director
   Jim W., currently serving as Non-Participating Director agreed to continue another year.

6. Election of Corporate Officers
   The following officers were elected by acclamation:
   • President: Jim W. (interim)
   • Vice President: Open
   • Treasurer: Carolyn P
   • Secretary: Open

7. Executive Committee Members
   • President: Jim W
   • Vice President: Open
   • Chair: Michael
   • Vice Chair: Susan M
   • Treasurer: Carolyn P
   • Secretary: Open
   • Executive Director: Ellie M.
   • Additional Director: Lorraine S

CEA-HOW is A Way of life!

Everyone is welcome to attend Board meetings as observers. Please note that observers may not vote and may not speak unless the Board specifically invites comment. The Board may close meetings for reasons of confidentiality.
8. Director of the Month (DOM) Schedule
2020
- August: Lorraine S.
- Sept: Shirle A.
- Oct: Janice R.
- Nov: Susan M.
- Dec: Michael D.
2021
- Jan: Bryce M.
- Feb: Lorraine S.
- Mar: Janice R.
- April: Michael D.
- May: Susan M.
- June: Shirle A.
- July: Gris M.

9. Board Liaison Assignments
- Finance: Carolyn P.
- Sponsorship: Bryce M.
- Education: Lorraine S.
- Convention: | Co-Convention: Lorraine S., Gris M.
- Special Needs: Shirle A.
- Literature: Susan M.
- Policy Manual: Susan M.
- Urgent New Business: Michael D.
- Website: Janice R.
- Agenda: Michael D.
- Public Information: Janice R.

10. Quarterly Board Meetings
Meetings are held on the fourth Saturdays of the month at 7:00am PT via teleconference (additional meetings may be called as needed):
- October 24, 2020
- January 23, 2021
- April 24, 2021

11. Quarterly Executive Committee Meetings:
Meeting are held on the Wednesday 10 days prior to the Quarterly Board Meeting
- October 14, 2020
- January 13, 2021
- April 14, 2021

NOTE: Board liaison reports are due 10 days before quarterly board meetings:
- October 14, 2020
- January 13, 2021
• April 14, 2021

12. Mentors for New Directors
   • Bryce – Lorraine
   • Gris – Janice (Google translator)

13. Intergroup Liaisons - Reach Out
    Tabled until next Board meeting

14. Convention Workshops
    None this year

15. Convention 2021
    Early Bird registration that was scheduled to open August 1st has been postponed due to COVID-19. Discussion is tabled until next Board meeting

16. Next BOD Meeting October 24, 2020

17. Adjournment at 2:55 pm PT