



World Service Office  
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# Compulsive Eaters Anonymous - HOW

## Board of Directors July 26, 2019 First Meeting of 2019-2020 Board

### Meeting Minutes

1. **CALL TO ORDER** at 2:51pm PT
2. **SERENITY PRAYER**
3. **ROLL CALL**  
Directors: Michael D., Jan D., Shirle A., Lueretha B., Rosa A., Janice R., Susan M., Lorraine S., Jim W. (non-participating)  
Corporate Officers: Carolyn P, Diana H  
Executive Director: Pamela K
4. **Election of Board Officers**  
The following officers were elected by acclamation:
  - Chair: Michael D.
  - Vice Chair: Jan D.
5. **Non-Participating Director**  
Jim W., currently serving as Non-Participating Director agreed to continue another year.
6. **Election of Corporate Officers**  
The following officers were elected by acclamation:
  - President: Jim W, interim
  - Vice President: Open
  - Treasurer: Carolyn
  - Secretary: Diana
7. **Executive Committee Members**
  - President: Jim W, interim
  - Vice President: Open
  - Chair: Michael D
  - Vice Chair: Jan D
  - Treasurer: Carolyn P
  - Secretary: Diana H
  - Non-Participating Director: Jim
  - Executive Director: Pamela
  - Additional Director: Susan M

*CEA-HOW is A Way of life!*

*Everyone is welcome to attend Board meetings as observers. Please note that observers may not vote and may not speak unless the Board specifically invites comment. The Board may close meetings for reasons of confidentiality.*

## **8. Director of the Month (DOM) Schedule 2019**

- August: Michael
- Sept: Janice
- Oct: Susan
- Nov: Lueretha
- Dec: Shirle

## **2020**

- Jan: Lorraine
- Feb: Rosa
- Mar: Jan
- April: Lorraine
- May: Susan
- June: Janice
- July: Shirle

## **9. Board Liaison Assignments**

- Finance: Carolyn
- Sponsorship: Lueretha
- Education: Lorraine
- Convention: | Co-Convention: Jan, Lorraine
- Special Needs: Shirle
- Literature: | Co-Literature: Susan
- Policy Manual: Jan
- Urgent New Business: Michael
- Website: Pamela
- Agenda: Michael
- Public Information: | Co-Public Information: Janice, Rosa
- Area Health: Lueretha

## **10. Quarterly Board Meetings**

Meetings are held on the fourth Saturdays of the month at 7:00am PT via teleconference (additional meetings may be called as needed):

- October 26, 2019
- January 25, 2020
- April 25, 2020

## **11. Quarterly Executive Committee Meetings:**

Meeting are held on the Wednesday 10 days prior to the Quarterly Board Meeting

- October 16, 2019
- January 15, 2020
- April 15, 2020

NOTE: Board liaison reports are due 10 days before quarterly board meetings:

- October 16, 2019

- January 15, 2020
- April 15, 2020

**12. Mentors for New Directors**

- Not needed

**13. Intergroup Reach Out**

Chair will assign intergroup liaisons

**14. Convention Workshops**

WSO will send recorded workshops to directors for editing and content review.

The workshops have not been posted from last year.

**15. Convention 2020**

The early bird Eventbrite registration is set up and ready to go. Pamela has fliers to notify members that they can sign up for \$250. Everyone should pass on to members registering under the installment plan that they have a 2<sup>nd</sup> step in PayPal. Upon registering in Eventbrite, they will receive an email with a link to set up the monthly payments. The deadline to receive the early bird price is July 31<sup>st</sup>.

**16. Next BOD Meeting October 26, 2019**

**17. Adjournment at 3:50pm PT**