

World Service Office CEA-HOW, Inc. 3371 Glendale Boulevard, Suite 104 Los Angeles, CA 90039 Phone: 323-660-4333 Email: gso@ceahow.org

Compulsive Eaters Anonymous - HOW

Board of Directors July 26, 2019 Final Meeting of 2018-2019 Board

Meeting Minutes

- 1. CALL TO ORDER at 2:47pm PT
- 2. SERENITY PRAYER
- 3. ROLL CALL

Directors: Michael D., Jan D., Shirle A., Lueretha B., Rosa A., Janice R., Susan M., Lorraine S., Jim W. (non-participating) Corporate Officers: Pamela K., Carolyn P., Diana H.

- Approval of Minutes: Meeting April 27, 2019 Meeting minutes unanimously approved.
 Action item: Pamela will post approved meeting minutes to the CEA-HOW website.
- 5. Directors leaving the Board: Goodbye and appreciation to David as Director
- 6. Officers leaving: Goodbye and appreciation to Pamela as President
- 7. Next BOD Meeting July 26, 2019
- 8. Adjournment at 2:50 pm PT