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# Compulsive Eaters Anonymous-HOW

## Board of Directors Meeting

*First meeting of 2021-2022 Board*

**JULY 23, 2021**

### 1. CALL TO ORDER

Michael D agreed to chair the meeting and convened the meeting at 3:18 p.m.

### 2. SERENITY PRAYER

### 3. ATTENDANCE

Directors: Susan M (Chair), Lorraine S (Vice-Chair), Bryce M (Member), Lorraine S (Member), "Gris" Mariita M (Member), Susan C (Member), Janice R (Member), Aneisa B (Member), Adele P (Member); Jim W (Non-Participating Director)

Corporate Officers: Michael D (President), Carolyn P (Treasurer), Donna B (Corporate Secretary)

Executive Director: Ellie M

### 4. BOARD OF DIRECTORS, CHAIR AND VICE-CHAIR

Susan M was elected Chair of the Board of Directors in a motion made by Lorraine S, seconded by Janice R, and unanimously passed by the Board of Directors.

Lorraine S was elected Vice-Chair of the Board of Directors in a motion made by Janice R, and unanimously passed by the Board of Directors.

### 5. CORPORATE OFFICERS

In a motion made by Janice R, and seconded by Bryce M, the following Corporate Officer appointments were unanimously approved:

- i. Michael D: President
- ii. Carolyn P: Treasurer
- iii. Donna B: Secretary

## **6. MENTORS**

The following mentors were assigned for the new Directors:

- i. Susan C: Lorraine S
- ii. Aneisa B: Janice R
- iii. Adele P: Susan M

## **7. WSBC COMMITTEE BOARD LIAISONS**

The following assignment of WSBC Committee Board Liaisons were made:

- i. Susan M: Agenda, Urgent New Business
- ii. Michael D: website
- iii. Adele P: Policy Manual, Ad Hoc
- iv. Aneisa: Education
- v. Bryce M: Sponsorship, Ad Hoc
- vi. Carolyn P: Finance
- vii. Gris: Convention
- viii. Janice R: Public Information
- ix. Lorraine: Literature, Convention
- x. Susan C: Special Needs

## **8. DIRECTOR OF THE MONTH**

The following assignments were made for Director of the Month (hereinafter, "DOM"), i.e., the Director who will be the first line in fielding questions from the membership.

- i. Bryce M: August, July
- ii. Lorraine S: September, April
- iii. Janice R: October, June
- iv. Aneisa B: November
- v. Adele P: December, May
- vi. Susan C: January
- vii. Gris M: February
- viii. Susan M: March

The DOM's responsibilities generally include:

- i. Creating a first draft of the letter that will be sent in response to the question posed;  
and
- ii. Sending the draft letter to all Board members and WSO for comment.

Board members' responsibility to DOM's draft include:

- i. Responding with edits, comments and/or approval.

WSO will either return it to DOM for final edits or revise the letter without further assistance and send the response to the originator of the question and the Board.

## **9. WSO BOARD AND EXECUTIVE COMMITTEE MEETINGS**

The dates of the future meetings of the Executive Committee and Board of Directors were given by Ellie M.

Executive Committee members are: Michael D (Corporate President); Susan M (Board President); Lorraine S (Board Vice President); Jim W (Non-Participating Board Member); Carolyn P (Corporate Treasurer); and Donna B (Corporate Secretary).  
Board Members: See above.

### Executive Committee

- i. October 13, 2021; January 12, 2022; April 13, 2022
- ii. All meetings will begin at 5:00 pm, Pacific Time

### Board Meetings

- i. October 23, 2021; January 22, 2022; April 23, 2022
- ii. All meeting will begin at 7:00 am, Pacific Time

## **10. GENERAL QUESTIONS ABOUT BOARD SERVICE**

### *Service Above the Meeting Level*

In response to a question posed by Susan C, Michael D clarified that Directors are asked to resign from all CEA-HOW service positions above the meeting level during their tenure as Directors.

### *Board Roster*

An updated Board roster, with Committee Assignments, will be distributed to Directors.

## **11. BOARD COMMUNICATION WITH INTERGROUPS**

### Motion

A motion was made by Adele P to reinstate Director assignments of three Intergroups for which Directors are responsible for connecting with each month in order to facilitate communication between the Board, Intergroups, and the membership.

The motion failed for lack of a second.

## **12. BOARD RETREAT**

### Motion

A motion was made by Carolyn P, and seconded by Janice R, to have a Board Retreat before the next scheduled Board meeting in October 2021 for team building, liaison guidelines, and strategic planning.

The motion passed unanimously.

### **13. ADJOURNMENT**

Motion

There being no further business to discuss, Michael D moved, and Janice R seconded, to adjourn the meeting.

The motion was passed unanimously.

Thereupon, the meeting was closed with the Serenity Prayer and adjourned at 3:54 p.m.