COMPULSIVE EATERS ANONYMOUS-H.O.W.
World Service Business Conference (WSBC)
Los Angeles, CA July 16-17, 2026
Minutes

BUSINESS SESSION 1

Suzanne E, Chair, called the meeting to order at 8:31 am, Thursday, July 16, 2026, with the Serenity Prayer. Cheryl F, Vice-Chair led the body in reciting the Third Step Prayer. David M, Secretary read Tradition Two.

Introductions, roll call, Standing Rules, Agenda, and previous meeting minutes approval

The Chair asked the World Service Board Directors and Corporate Officers to introduce themselves: Participating Directors: Suzanne E, Chair; Cheryl F Vice-Chair; Zoe L, Carmen C, Jose F; Judy Ki; Roberta S and Diane S. Non-Participating Directors: Lukas J and Sean H Non-voting Corporate Officers: Michael D, President; Susan M, Vice-President; Carolyn P, Acting Treasurer; David M, Secretary; Linda V, Executive Director of WSO. The Chair also introduced Alex W and Manya W, Parliamentarians; Almarosa H, WSO Office Manager; and the members of the Conference Support Committee: Minh-Son D, Chair; Ginger B; Cristina M; and Liane S. Molly S and Oralia B served as Spanish Language Interpreters.

Delegate and Board Roll Call. 30 Delegates were present at the roll call. The number of voting members including Delegates and Directors was 40.

Suzanne reminded the body that she is blind and that Cheryl and David would be assisting her with recognizing speakers and counting votes and that all questions and comments be addressed at a microphone. Suzanne also gave the first call for applications for seats on the Board of Directors and noted there were six openings. Cheryl, Diane and Roberta were appointed to fill vacancies during the year and need to stand for election. Jose was completing the second year of his second term and was therefore ineligible to run. Carmen and Judy Ki were completing the second year of their first term and are eligible for re-election. Suzanne is completing the first year of her second term and Zoe is completing the first year of her first term, so both of them continue their service. She asked the Conference Support Committee to say a few words about the role that they play during the proceeding and acknowledged the Spanish Language Interpreters, Molly and Oralia.

The Chair reviewed the Conference Standing Rules and asked if there was a motion to approve them. A motion was made and seconded to change item 3 Quorum from “The quorum for all business sessions of the WSBC will be 2/3 of the Delegates present…” to “The quorum for all business sessions of the WSBC will be 2/3 of the voting members present…” Amendment was approved. Hearing no discussion, the Chair called for a vote on the Standing Rules as amended. The Standing Rules were adopted unanimously as amended.

A motion was made and seconded to accept the agenda as presented. The agenda was approved unanimously.

The Chair asked for a motion to approve the WSBC 2025 minutes. A motion was made and seconded to approve the minutes. The minutes were approved as presented.

Board Officer reports

The Chair's report was provided in advance. She had three goals for the year: increase donations to WSO; get the word out about CEA-HOW to increase membership; and to increase participation at WSBC. She highlighted nominating three people to fill vacant Board positions, and she thanked those who agreed to step up. She also thanked those who restarted the CEA-HOW podcasts, with a focus on members telling their stories to potentially attract new members.

The President's report was provided in advance. Michael noted that there are 308 active meetings in six Areas. More meetings are digital than ever before. He also noted that we are investigating moving WSBC and Global Convention for 2028 either location and/or the dates held because of the Olympic Games being held in the Los Angeles area. He noted that in order to host our events in a different city, there needs to be a commitment of sufficient local volunteer participation.

The Executive Director's report was provided in advance. Linda outlined the activities of WSO: support for meetings, Intergroups and Areas; production, distribution and sale of CEA-HOW literature; processing donations and paying invoices; and handling member inquiries. The office transitioned from QuickBooks desktop to QuickBooks online which was time consuming but much more appropriate to the functioning of the office. Our literature prices have not been keeping up with inflation. A pricing algorithm established previously had not been kept up with. New pricing is now in place for English literature and will in place for Spanish literature shortly after Convention. The other activities of the office are to support the Board and the WSBC conference. Linda introduced the new website meeting finder in development. She hopes it will be finished within the next month.

The Treasurer's report was provided in advance. Carolyn noted that QuickBooks online allows for much more timely reports and thanked the WSO office staff for the large amount of work they did to implement that. She noted that WSO had annual losses of expenses over income from 2023-2025. The plea to the Fellowship at the beginning of 2026 appears to have turned this trend in a positive direction. We have been operating precariously close to our prudent reserve. We also implemented a budget for 2026. Convention registration is down approximately 15% (it may rise to 10% from late registrations.) This may turn Convention from being profitable to not. However, contribution increases may offset this loss. Online recurring contributions have increased by over 70% which is very encouraging.

Carolyn mentioned the importance of every member giving as well as sharing with their sponsees the importance of contributing. Suzanne thanked Carolyn for stepping up as Treasurer at the beginning of the year, right before the Seventh Tradition town hall.

Suzanne called for a break at 9:59 am. The meeting resumed at 10:14 am.

Forum: Public Information

Members of the WSBC Public Information committee led the Delegates in forum on the state of Public Information in the Fellowship and led with the rhetorical question what can be done to attract new members. There are over 140 million people in the US who are overweight or obese. If even a small fraction of one percent of these might identify as being compulsive eaters, we would have a large population to reach out to if they could only find our Fellowship. The importance of Step Twelve and Tradition Eleven were discussed as was the history of public outreach in the A.A. Fellowship. AA carried the message by storytelling not preaching. In early years A.A. members spoke for hours every week to people outside of Program to bring them into their fellowship. The importance of the Jack Alexander article was also discussed.

Much of the daily work that members do for outreach calls and going to meetings are to each other and not to prospective members who don't know about us. The importance of not demonizing outside issues like GLP-1 medications, which may be prescribed for issues other than weight loss alone was also presented. A.A. has an excellent statement on anonymity on the Internet; everyone was encouraged to look at it.

Things that individual members can do to support public information: don't assume newcomers can find us; be prepared when you see your physician, dentist or nutritionist with cards or flyers. Some intergroups are making their Vice-Chairs responsible for public information. Emphasize that the Program can end isolation. The Board is working more closely with the Conference PI Committee. Public Information flyers and cards are available on the website. All Intergroups are responsible for Public Information as well.

WSBC Conference Committee

Coletta W., Chair of the WSBC Conference Committee, informed the Body about the Committee's role and responsibilities. Each Delegate, when they register, indicates their preferences for Conference Committee membership. The Conference Committee assigns members to Committees to balance fulfilling these requests as well as having balanced committee membership. She encouraged Delegates to volunteer to be on the Conference Committee for the next year.

Old Business

(2025) Policy Motion #2

Motion: Move to amend *Sponsor Guidelines/4th Step Inventory Steps 4 and 5* (p. 6) to bring wording into alignment with the Seven Tools.

Proposed Wording

Sponsors who have a slip must notify their sponsor and all sponsees, answer questions as assigned by their sponsor for 30 days and help the sponsee find another sponsor ~~if the sponsee wishes to change~~. During this time, the sponsor should not stand up as a sponsor or accept new sponsees until 30 days of abstinence is achieved. Sponsors who have a slip may pitch after seven (7) days of abstinence. All the above is meant to heal.

Diane read the Motion. The Motion had been referred to the Sponsorship Committee for recommendation. It was agreed in consultation with the Parliamentarians that the Motion was back before the body.

Alicia made a motion to amend the Motion to amend the proposed wording to:

Sponsors who have a slip must notify their sponsor and all sponsees, answer questions as assigned by their sponsor for 30 days and help the sponsee find another sponsor, which could be a temporary sponsor. During this time, the sponsor should not stand up as a sponsor or accept new sponsees until 30 days of abstinence is achieved. Sponsors who have a slip may pitch after seven (7) days of abstinence. All the above is meant to heal. We encourage available sponsors to contact the phone bridge at sponsorcoordinator@gmail.com as a temporary sponsor to be added to the list.

Roberta seconded the amendment. Discuss pro and con was solicited and offered.

Before discussion was concluded on the amendment the Body adjourned for lunch at 11:45 am and would continue discussion after the break.

BUSINESS SESSION 2

Suzanne called the meeting back to order at 1:45 pm.

Discussion resumed on the amendment to 2025 Policy Motion #2.

After a re-reading of the amendment, a vote was called for. 10 voted for the amendment. 25 voted against the amendment. Minority opinion was solicited and offered. There was no motion to reconsider. The amendment failed. Discussion returned to the original Motion with pro and con offered after which the Chair asked for a vote. 26 voted in favor. 10 voted against. Minority opinion was solicited and offered. Having held the minority opinion, a motion to reconsider was solicited from the prevailing side and none was offered. The Motion passed.

New Business

Policy Motion #1

Motion: Move to create a WSBC Ad Hoc Committee to study the feasibility of holding the CEA-HOW Convention every other year in person and holding the WSBC (World Service Business Conference) each year in person along with the Convention and hold the WSBC virtually when there is no Convention that year.

Cheryl read the Motion. Elinor moved to approve the Motion. Margaret seconded.

Discussion pro and con was solicited. Cheryl moved to amend the Motion: that the ad hoc committee include the feasibility of holding the Conference and Convention in person every three years to coincide with the food plan edit cycle. The amendment was seconded by Shirle. A motion was made to call the question and seconded. 9 voted yes on the amendment, 22 voted no. Minority opinion was solicited but none was offered. The amendment failed.

Discussion continued on the main Motion pro and con. Michael moved to call the question. Dorene seconded. The motion to call the question passed unanimously. 17 voted yes on the main Motion, 21 voted no. The minority opinion was solicited and offered. No motion was made to reconsider. The Motion failed to pass.

Policy Motion #2

Motion: Move to modify the CEA-HOW Service Manual (Item #858)

Proposed document:

Addition of the following pages:

Pages 7-9

The Twelve Concepts of Service

1. The ultimate responsibility and authority for CEA-HOW general services resides in the collective conscience of our Fellowship.

2. The CEA-HOW Groups have delegated to the World Service Business Conference the active maintenance of our services; thus, the World Service Business Conference is the voice, authority and effective conscience of CEA-HOW as a whole.

3. The Right of Decision, based on trust, makes effective leadership possible.

4. Throughout the service structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or Group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

5. Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.

6. The World Service Business Conference has entrusted the Board of Directors with the primary responsibility for the administration of CEA-HOW.

7. The Board of Directors has legal rights and responsibilities accorded to them by CEA-HOW Bylaws; the rights and responsibilities of the World Service Business Conference are accorded to it by tradition.

8. The Board of Directors may delegate to its Executive Committee the responsibility of overseeing the World Service Office.

9. Able trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.

10. Every service responsibility should be matched by an equal service authority — the scope of such authority always to be defined well whether by tradition, by resolution, by specific job description or by appropriate bylaws.

11. Directors' administration of the World Service Office should be assisted by the best standing committees, executives, staffs, and consultants.

12. The spiritual foundation of CEA-HOW service ensures that:

a) No CEA-HOW committee or service body shall ever become the seat of perilous wealth or power;
b) Sufficient operating funds, plus an ample reserve, shall be CEA-HOW's prudent financial principle;
c) No CEA-HOW member shall ever be placed in a position of unqualified authority;

d) All important decisions shall be reached by discussion, by vote, and whenever possible, by consensus;
e) No service action shall ever be personally punitive or incite public controversy; and
f) No CEA-HOW service committee or service Board shall ever perform any acts of government, and each shall always remain democratic in thought and action.

The Twelve Concepts of Service are part of the CEA-HOW Bylaws, Part B, Article 16, www.ceahow.org > Service Bodies > World Service > WSO Bylaws.

The Concepts of Service/Learning to Trust our Trusted Servants

The Twelve Concepts of Service are a set of principles that define service body operations and their relation to the Fellowship as a whole. They define the responsibilities for both servants and those being served. They do not mandate blind obedience; they illuminate a trust of the process. The Concepts of Service apply to service bodies in conjunction with the Steps and Traditions.

The Twelve Steps guide our personal recovery; the Twelve Traditions guide our group health; the Twelve Concepts of Service guide our service and service body relationships.

Understanding the Twelve Concepts of Service helps CEA-HOW members execute their service commitments responsibly and serve the Fellowship.

- Why is the World Service Business Conference the group conscience of CEA-HOW as a whole? Concept One
- Why are our service members called “trusted servants” and why do we trust them? Concept Three
- Where did the practice of hearing the “minority opinion” come from? Concept Five
- What is the relationship of responsibility and authority among the service levels? Concept Six
- Do we have authorities in CEA-HOW? Concept Ten

For a helpful explanation of how we apply the Twelve Concepts of Service in our CEA-HOW service work, see Alcoholics Anonymous World Services, Inc., www.aa.org publications: The Twelve Concepts for World Service illustrated, or The A.A. Service Manual Combined with Twelve Concepts of World Service, by Bill W.

Pages 31-44

Phone Bridge English Service Positions at the Meeting Level

The following service positions are available at the Phone Bridge English Meeting Level

Meeting Leader
Speaker Seeker
Meeting Contact
Timekeeper
Intergroup Representative
Business Meeting Chair
Business Meeting Secretary

Meeting Leader
The Meeting Leader

• Leads the Phone Bridge meeting under the Host setting using Free Conference Call. Controls the mute
settings during the meeting by doing a mass mute when necessary. Only the CEA-HOW member leading the meeting should come onto the meeting in the host/leader's mode. No one else may mass mute at any point unless asked to do so by the meeting. No codes are announced on the phone.
• Ensures the meeting runs according to the CEA-HOW guidelines and the 12 Traditions and oversees the group's service commitments.
• Ensures that members adhere to the meeting format and follow guidelines determined by group conscience.
• Term of service is 3 months. A Meeting Leader may lead all the meetings at a certain time and day for the 3 months or may lead once a month rotating with other Meeting Co-Leaders for the term of service.

Abstinence Requirement: 30 days of current CEA-HOW abstinence

Speaker Seeker
The Speaker Seeker
• Finds and calls individual members to speak at a speaker/pitch meeting for 15 or 20 minutes depending on the meeting.
• Ensures that the member volunteering to speak is still available to speak and will be present at that meeting by calling and reminding the member before the meeting.

Abstinence Requirement: None

Meeting Contact
Meeting Contact
• Each phone bridge meeting must have an active Meeting Contact identified, with contact information given
(name, phone number, and email address) and kept current with the Phone Bridge Meeting Coordinator to
ensure a phone bridge meeting continues to be listed on the website at www.ceahow.org.
• Term of service is 6 months.

Abstinence Requirement: 30 days

Timekeeper
The Timekeeper
• Ensures the group stays on schedule by tracking the time for all speakers, including leaders and members making pitches.
• Notifies members when 1 minute remains and then when their allotted time for sharing is up. The
Timekeeper supports the group by ensuring that everyone has a chance to share.

Abstinence Requirement: None

Intergroup Representative (IR)
The Intergroup Representative shall:

- Attend the bi-monthly Intergroup meetings.
- Read the weekly announcement highlights or detailed announcements as decided by the meeting. Note that the meeting may also choose not to have the weekly announcements read at all. Every group is autonomous.
- Attend the meeting's Business Meeting and read the Minutes from the previous Intergroup Meeting.
- Term of service is 6 months. An Intergroup Representative may be re-elected for three (3) additional terms. No Intergroup Representative may be elected for more than four (4) consecutive terms (2 years) for the same meeting. A person may be re-elected as an Intergroup Representative for that meeting after a one (1) year absence from that position or as an Intergroup Representative serving a different meeting.

Abstinence Requirement: 90 days. Intergroup Representatives shall have completed the Three-Step Ceremony, maintain an active relationship with a CEA-HOW sponsor, declare themselves as actively practicing the Twelve Steps, CEA-HOW Concept, Seven Tools, and Twelve Traditions, and agree to comply with and be bound by the terms and provisions of the prevailing Bylaws of Phone Bridge Intergroup.

Business Meetings
All regularly attending members are invited to participate and vote during a meeting's Business Meeting.

Business Chair
The Business Chair
- Schedules the Business Meeting
- Prepares an Agenda to cover purpose of the meeting such as changes to the meeting format, allocation of funds, finding and scheduling meeting leaders/co-leaders and election of officers.
- Conducts the Meeting

Abstinence Requirement is 30 days.

Business Secretary
The Business Secretary
- Takes minutes of the Business Meeting

Abstinence Requirement: None.

Phone Bridge English Service Positions at the Intergroup Level

Executive Board

The Phone Bridge English Intergroup Executive Board is made up of the Phone Bridge Chair, Vice Chair, Secretary, and Treasurer. The Executive Board directs all powers exercised by the Intergroup subject to the limitations of the Bylaws and to the World Service Business Conference. The Executive Board should visibly reflect the ideals of CEA-HOW in order to serve as role models to others. They must also have given away a Fourth Step Inventory; must share an active relationship with their sponsor; declare themselves to be practicing the Twelve Steps, Twelve Traditions, Twelve Concepts of Service, CEA-HOW Concept, and

Seven Tools, and continual recovery including abstinence; and agree to comply with and be bound by all the terms and provisions of the prevailing Bylaws of Intergroup.

The Executive Board shall have the following powers and responsibilities:

- Act as guardians of the Twelve Steps, Twelve Traditions, Twelve Concepts of Service, the CEA-HOW Concept, and the Seven Tools, ensuring that they are not altered in any way, unless directed to do so by the CEA-HOW, Inc, World Service Office.
- Conduct, manage and control the affairs and business of the Intergroup and make such rules and regulations consistent with law, these Bylaws, or the action of the Conference taken through the Delegates at the World
- Manage in such a manner as they deem best all funds and real or personal property received and acquired by the Intergroup, and to distribute, loan, or dispense with the same and the income.
- Call to the attention of any group about any violation of the Twelve Traditions which it believes an individual or group has made and to implement appropriate policies, if any, intended to deal with such violations.
- Provide for the retail distribution of CEA-HOW publications and the translations.
- Furnish counsel and guidance to member groups.
- Support and guide education and attraction efforts of CEA-HOW.
- Provide forums for the interchange of ideas and information among groups and CEA-HOW service bodies.
- Carry the CEA-HOW message of recovery to compulsive eaters.

Abstinence Requirement: As listed for each service position.

The following service positions are available at the Phone Bridge English Intergroup level:

Chair
Vice Chair
Secretary
Treasurer
Intergroup Representative
Area Representative

Phone Bridge Coordinators

- Phone Bridge Convention Liaison
- Phone Bridge Literature Coordinator (phonebridgeliterature@gmail.com)
- Phone Bridge Meeting Coordinator (phonebridgemeetinginfo@gmail.com)
- Phone Bridge Outreach Coordinator (phonebridgeoutreach@gmail.com)
- Phone Bridge Coordinator (phonebridgeassistance@gmail.com)
- Phone Bridge Sponsor Coordinator (phonebridgesponsorcoordinator@gmail.com)

Chair
The Chair will do or direct others to:

- Review and respond daily to emails and phone calls.
- Update the Policy Manual and the Bylaws.
- Update meeting formats.
- Keep current website information.
- Disseminate information including upcoming events/changes

- Interface between WSO and the Phone Bridge English Intergroup.
- Review workshop outlines to make sure the contents are acceptable to WSO Guidelines.
- Prepare the Agenda for Executive Board Meetings and Intergroup Meetings.
- Convene Executive Meetings as needed.
- Attend and chair Intergroup and Executive Meetings.
- Disseminate information to the Vice Chair for the weekly announcements.
- Interface between Coordinators and Intergroup membership.

Abstinence Requirement: Have 1 year in the Fellowship and 6 months of continued abstinence. Must have served 6 months as a Phone Bridge Intergroup Representative or at any level above that of Intergroup Representative with the Phone Bridge Intergroup.

Vice Chair
The Vice Chair's duties include
- Serve on the Executive Board.
- Collate announcements as members send them to create the weekly announcements. Send the
announcements to the Secretary for distribution.
- Attend the Executive Board Meeting and Intergroup Business Meetings.
- Fill in for the Chair If the Chair is unavailable for the Intergroup Meeting.
- If the Chair needs to step down, the Vice Chair fills that position for the remainder of the term or until a special election is held to elect a new Chair.
- Respond to Executive Board emails and those sent to phonebridgevc@gmail.com.

Abstinence Requirement: 6 months of continued abstinence. Must have served 6 months as a Phone Bridge Intergroup Representative or at any level above that of Intergroup Representative for the Phone Bridge or any other CEA-HOW meeting.

Secretary
The Secretary's duties include:
- Serve on the Executive Board
- Forward agenda and Treasurer's report to the Executive Board and the Intergroup Representatives.
- Maintain email group account of Executive Board and Intergroup Representatives.
- Attend, take roll call, and record the minutes at the Executive Board Meetings and Phone Bridge Intergroup Meetings.
- Send the draft Minutes for all meetings to the Executive Board for approval.
- Send out the draft Phone Bridge English Intergroup Minutes and Attendance Roster to the Executive Board and the Intergroup Representatives within 2 weeks after the last Intergroup Meeting to all Intergroup Representatives.
- Forward weekly Phone Bridge Intergroup Announcements to the Executive Board and the Intergroup Representatives (as well as to members who request receipt of weekly announcements).
- Keep the Phone Bridge Meeting Roster up to date, deleting Intergroup Reps that have withdrawn and entering new Intergroup Reps to the roster.
- Send emails to the Intergroup Reps that haven't attended the IG Meeting for 6 months. (3 consecutive Intergroup Meetings.)
- Send the new Intergroup Reps a welcome email, attaching the current Bylaws, Policy Manual, and the information about Intergroup Rep responsibilities.

• Answer Executive Board emails and those sent to phonebridgesecretary@gmail.com .

Abstinence Requirement: 6 months of continued abstinence. Must have served 6 months as a Phone Bridge Intergroup Representative or at any level above that of Intergroup Representative for the Phone Bridge or any other CEA-HOW meeting.

Treasurer

The Treasurer's duties are to:

- Serve on the Executive Board
- It is the Treasurer's responsibility to oversee and audit the work of the Finance Coordinator. (The Finance Coordinator keeps correct and up-to-date books and records of accounts, including accounts of properties and business transactions and accounts of assets, liabilities, receipts, disbursements, gains, and losses.)
- Attend Intergroup and Executive Board Meetings.
- E-file form 990N with the IRS after the end of our fiscal year and before January 15th of the new fiscal year. Current link location is https://sa.www4.irs.gov/epostcard/
- At the October Intergroup meeting, give an annual report of the fiscal status and financial activity for the fiscal year August 1 – July 31.
- Respond to emails to Executive Board and those sent to phonebridgetreasurer@gmail.com.

Abstinence Requirement: 6 months of continued abstinence. Must have served 6 months as a Phone Bridge Intergroup Representative or at any level above that of Intergroup Representative for the Phone Bridge or any other CEA-HOW meeting.

Intergroup Representative

The Intergroup's Representative duties are to:

- Attend the bi-monthly Intergroup Meetings. Be prepared for the meeting by having read the minutes from the prior Intergroup Meeting, the meeting agenda, and any attachments. Be familiar with the Phone Bridge Bylaws and Phone Bridge Policy Manual.
- If unable to attend the meeting, arrange for another member of the meeting who has 90 days of
continuous CEA-HOW abstinence to substitute. Send an email to phonebridgesecretary@gmail.com to let the secretary know of the substitute representative and include the substitute's name and the day and time of the meeting represented. If an Intergroup Representative fails to attend 2 consecutive meetings, the Representative shall be removed from office.
- Attend meeting's Business Meeting and bring any issues to the Intergroup Meeting which may include making a motion. If a motion is made, email a written description of the issue and motion to the Phone Bridge Executive Board when agenda items are due usually at least 2 weeks before the scheduled Intergroup Meeting.
- Vote on issues at the Intergroup Meeting.
- Report back to your meeting such things as the weekly announcements and the Intergroup Meeting Minutes.

Abstinence Requirement: 90 days. Intergroup Representatives shall have completed the Three-Step Ceremony, maintain an active relationship with a CEA-HOW sponsor, declare themselves as actively practicing the Twelve Steps, CEA-HOW Concept, Seven Tools, and Twelve Traditions, and agree to comply with and be bound by the terms and provisions of the prevailing Bylaws of Phone Bridge Intergroup.

Area Representative

Area Representative
In October, the Intergroup shall elect Area Representatives (AR's) to send to the Area Assembly. The ARs and Alternates shall be elected from Intergroup's qualified members.

Upon election as Delegates, the AR's and Alternates must be registered with the Area no later than December. The AR's term of office is two years. Area Reps shall serve no more than eight consecutive years. A person may be re-elected as an AR after a two-year absence from such office. AR's may also be elected at any time to fill the remaining term created by a vacancy as specified in the Area Bylaws.

Once elected, the AR's and Alternates will attend the Area Assembly (typically in February), where they will be elected as Delegates to the World Service Business Conference (WSBC) in July. (Note: There may also be a mini-Assembly in November, which is often put on to help the newly elected AR's and Alternates know what is going to happen when, and what their responsibilities are.) Once elected as a Delegate, they will attend the WSBC (typically held in person on a Wednesday night through Friday afternoon in July) and be assigned to work on two WSBC Service Committees, which will meet and work on projects throughout the subsequent year. A Delegate serves the WSBC for two years.

The Intergroup shall be entitled to send one qualified Area Representative for up to the first seven groups it representatives and one Area Representative for each additional ten groups or fraction thereof.
Abstinence Requirement: 3 years in the Fellowship with 1 year of continuous abstinence. Other qualifications include:

- One (1) year of service above the meeting level;
- Should visibly reflect the ideals of CEA-HOW to serve as a role model to others;
- Must also be a qualified Food, Inventory and Step Sponsor;
- Must share an active relationship with their Sponsor;
- Declare themselves as practicing the Twelve Steps, CEA-HOW Concept and Seven Tools to the best of their ability; and
- Be committed to the Twelve Traditions and Concepts of Service of CEA-HOW.

Coordinator Positions
All coordinators will provide an update on their positions reporting on activity throughout the year, possible improvements, etc., and at the minimum once a year at the April Intergroup Meeting.
All Coordinator positions require maintenance of an active relationship with a CEA-HOW sponsor and declare themselves as actively practicing the Twelve Steps, Twelve Traditions, CEA HOW Concept, and Seven Tools.

Phone Bridge Convention Liaison

- Prepares for and holds Meet and Greet sessions for Phone Bridge Members in attendance at the annual convention on Friday and Saturday afternoons
- Supplies white bandanas for handouts to identify Phone Bridge Members in attendance

Abstinence Requirement for Convention Liaison: 1 year

Phone Bridge Literature Coordinator (phonebridgeliterature@gmail.com)

• Maintains an inventory of basic CEA-HOW literature.

• Receives email requests for literature and responds to request with price of literature with shipping. When payment is received through PayPal or U.S. Mail, ships requested literature to member.

Abstinence Requirement: 6 months and stepped up as a Food and Inventory sponsor

Phone Bridge Meeting Coordinator (phonebridgemeetinginfo@gmail.com)

• Maintains list of phone bridge meetings.

• Receives member emails if a phone bridge meeting listed on the CEA-HOW website does not
have a leader or the meeting is not in progress as scheduled. Responds or resolves the issue if possible.

Abstinence Requirement: 3 months and stepped up as a Food and Inventory sponsor

Phone Bridge Outreach Coordinator (phonebridgeoutreach@gmail.com)

• Maintains a list of members which includes the member's name (first name, beginning initial of last name), level of abstinence, phone numbers (landline and cell phone), cell phone carrier, time to call, time zone, and any other pertinent information.

• Updates and emails the current list to members when requests are received.

Abstinence Requirement: 3 months and stepped up as a Food and Inventory sponsor

Phone Bridge Coordinator (phonebridgeassistance@gmail.com)

• Receives emails from any member who has difficulty accessing the conference line.

• Responds as soon as possible with assistance including backup phone numbers to resolve the members' issues.

Abstinence Requirement: 3 months and stepped up as a Food and Inventory sponsor

Phone Bridge Sponsor Coordinator (phonebridgesponsorcoordinator@gmail.com)

• Maintains a list of all available sponsors to be emailed to members when requested.

• Receives emails from members who are available to sponsor or who are looking for a sponsor. Emails will include the member's name, phone number, and level of sponsorship.

• Provides members with a list of available sponsors.

Abstinence Requirement: 3 months and stepped up as a Food and Inventory sponsor

Page 58

Special Event and Workshop Guidelines

• To be a speaker at a special event or workshop, you must have at least six (6) months of current CEA-HOW abstinence and have completed all 12 Steps of the CEA-HOW Program. To be a speaker at CEA-HOW conventions and retreats, you must have at least one (1) year of current CEA-HOW abstinence and have completed all 12 Steps of the CEA-HOW Program

• Workshop content will conform to the CEA-HOW Concept, 7 Tools, Sponsor Guidelines, Forever Abstinent (e.g., content of material will not go beyond the philosophy and practices stated in conference-approved CEA-HOW and A.A. literature.)

• Workshops are not meetings and therefore will not begin with readings of Steps, Traditions, CEA-HOW Concept or Tools.
• In order to be posted on the CEA-HOW website, a workshop must follow CEA-HOW guidelines.
• In order to be posted on the CEA-HOW website, a workshop must follow CEA-HOW guidelines, including: In keeping with the 5th, 6th and 11th Traditions, all information, announcements, flyers or recordings regarding or emanating from special events and presentations, including the Global Convention should follow the following criteria:
1. The name of the presenter will remain anonymous in announcements & description of events
2. The references of/to outside interests, including other fellowships and literature other than CEA-HOW or AA conference-approved literature will not be accepted.
• Strongly suggested: Workshop leader will submit an outline for review (to organizing committee, Executive Committee or the like) prior to the workshop.

Policy Motion #2 was read by Cheryl and David.

Chair called for a break at 3:16 pm.

The Chair called the meeting to order at 3:31 pm and ask the Parliamentarian to review where the body was on the current Motion.

Motion to approve policy motion #2 was moved by Roberta, seconded by Judy Ki.

Susan made a motion to amend the main Motion:

> Page 4 of the Motion under Phone Bridge English Executive Board change "these Bylaws" to "the Phone Bridge Intergroup Bylaws"
>
> Page 5: After the line "The following service positions are available at the Phone Bridge English Intergroup level:" add "below" before the colon.
>
> Page 6, 7 and 8 under the sections for Abstinence Requirements replace the phrase "level above" whatever service level with "level beyond" to honor our inverted pyramid service structure.
>
> Page 8 to correct a typographical error: "…up to the first seven groups it representatives…" change to "…up to the first seven groups it represents…"
>
> David seconded the amendment and moved to table the discussion of the amendment until the morning session when he could have the proposed changes projected on the screen. Second by Cheryl. None were opposed to the motion to table.

Bylaws Amendment #1

Motion: Distribution of excess Intergroup funds.

To Amend: Article 20 Intergroups, Section 4 Operation. Add new subsection as f.) and change existing subsection f to g.

PROPOSED WORDING

Article 20 Intergroups
Section 4 Operation

f.) Any surplus revenues accumulated by the Intergroup shall be distributed as follows: 60% to the World Service Office and 40% to its Area Assembly. Intergroups should establish a prudent reserve based on operating expenses and any workshops, retreats, outreach activities, starter literature packets for new meetings, etc. that are planned for the year. Funds over the prudent reserve shall be considered excess funds which shall be distributed at least annually. For Intergroups incorporated or otherwise organized outside of the United States, this shall apply to the degree compatible with the Intergroup's bylaws, charter and relevant local laws or regulations.

The Amendment was read and moved by David. Michael seconded. Discussion was offered. Michael called the question. Joan seconded. The motion to call the question was approved unanimously. 36 voted in favor. 2 voted no. Minority opinion was solicited and offered. No motion to reconsider was made. The Amendment passed.

<u>Board Committee reports</u>

Bylaws Committee. David, Bylaws Committee Chair, presented the report. The Bylaws Committee reviews the Bylaws, answers related questions, makes proposals for amendments to the Bylaws and reviews Intergroup and Area proposed bylaws for approval by the WSO Board. The Board approved a change to the Bylaws, Article 4, section 7 to expand the responsibilities of the Nominating Committee to include the search for Corporate Officers to fill vacancies as well as to identify Non-Participating Directors. The Bylaws Committee was also responsible for the Amendment that was just passed. During the year a translation into English of an Intergroup's proposed bylaws originally in Spanish was received but the Committee had questions about more than a few of the specifics and need to follow up with the author and probably the Spanish Language Translation Committee. He also said that during the past year he had conducted an informal Zoom study group on the Twelve Concepts of Service by Bill W, which he would be willing to do again if there was interest.

Nominating Committee. Suzanne, Nominating Committee Chair, presented the Nominating Committee report. The Nominating Committee identifies and nominates candidates to the Board to fill Non-Participating Directors and Corporate Officers vacancies. During the year the Committee nominated Carolyn to serve as Acting Treasurer and will be nominating Alex our outgoing Parliamentarian to serve as a Non-Participating Director.

Board Literature Committee. The Board Literature Committee report was provided in advance. Susan, Board Literature Committee Chair presented the report. The Board Literature Committee reviews and edits current CEA-HOW literature as well as facilitates the development and publishing of new literature. The Board Literature Committee also serves as a liaison between the Conference Literature Committee and the WSO Board. The Committee is currently focused on reviewing and editing existing CEA-HOW literature for grammar, clarity and consistency.

The Committee made final edits of the following pamphlets: Welcome Newcomer, item 821; A View of Medical Abstinence, item 822; Overview of the 12 Steps, item 825; Weighing and Measuring from a Food Plan, item 828; and CEA-HOW Pamphlets (Compilation), item 836

The Committee reviewed and edited the following CEA-HOW literature and sent to WSO for printing: Recommitment Questions, Item 805; Questions for Challenging Times, Item 811; Questions for Challenging Times trifold, Item 813; Celebrating the Program, Part I, item 816A; As Bill Sees It Questions 201-250, item 817E; As Bill Sees It Questions 251-332, item 817F; and Meeting In a Pocket, item 845.

The Committee is currently reviewing and editing Workbook, AA Big Book, item 809.

The Committee has developed a document that establishes standards for CEA-HOW literature and is regularly updated, with the intention of having guidelines for citation and formatting to ensure consistency in CEA-HOW literature. Members are encouraged to send editing suggestions to CHLitCommit@gmail.com.

Board Public Information Committee Cheryl gave a report on the Committee which was activated this past year. She thanked those who worked on PI in the past year, especially Michael and Dimitri and that everything relevant to this committee was already covered in this morning's forum.

Suzanne entertained a motion to adjourn for the day. Michael moved to adjourn; seconded by Judy Ki. Meeting adjourned with the Serenity Prayer at 4:14 pm.

BUSINESS SESSION 3

Business Session 3 was called to order at 9:01 am 7/17 with the Serenity Prayer. Roll was taken. 30 Delegates and 10 voting Directors were present at the roll call. Suzanne reminded the body that nomination forms for Participating Directors and motions for Urgent New Business were due when the body breaks for lunch.

WSBC Committee Reports

Agenda: Maria D presented the Agenda Committee report that was provided in advance. The Committee received a total of five (5) Policy Motions and Bylaws Amendments. Two of these were forwarded to the Board for consideration. The Policy Motion from 2025 to amend the Sponsor Guidelines is listed as old business. A replacement Motion was sent to the Agenda Committee on the same topic and considered out of order. The Board approved the two Motions for this year and the old business item from last year for this year's agenda.

Education: Report submitted in advance. Shirle presented the report. The Committee had several areas of focus for the year: sponsorship in the virtual environment; digital Seventh Tradition contributions; outreach opportunities with H&I (hospitals and institutions) and Public

Information; fellowship connections outside meetings, retreats, and conventions; aging and caregiving in recovery.

Education (Special Needs): Report submitted in advance presented by Shirle. The Committee were interested in creating a workbook of questions based on the Twelve Concepts of Service.

Literature: Report submitted in advance. Report presented by Coletta, WSBC Literature Committee Chair. Their focus for the year has been on changes to the Service Manual and the Reflections Book project. They did not receive any new literature to review.

Public Information: Report submitted in advance. Mary presented the report. They worked on business cards and flyers for public outreach in English and Spanish and have been learning about observing the Traditions while using social media. They also prepared the forum on Public Information for this year's Conference.

Sponsorship. Alicia delivered the Sponsorship Committee report. The Committee met several times during the year to develop a response to the Motion that had been tabled to them from WSBC 2025.

Finance. Report submitted in advance, presented by Lois. The Committee's main effort for the year was to reach out to the Fellowship to increase Seventh Tradition donations. They created flyers to encourage online recurring donations and gratitude month donations. They've reached out to meetings, Intergroups and Areas.

Website. Report submitted in advance, report presented by Diane. The Committee has been very active this year focusing on meeting finder review; meeting information accuracy; public information resources; and website design review.

Spanish Language Literature. Report submitted in advance, presented by Rocio. Their focus has been reviewing, and correcting grammar in the following books: Made a Decision III & IV; Forever Abstinent, latest edition; and CEA-HOW Pamphlet compilation. They are interested in developing a collection of stories of recovery by Spanish Speaking members.

<u>New Business (Cont'd)</u>

After a re-orientation by Manya, Parliamentarian on where the body stood with Policy Motion #2, discussion resumed on the amendment to Policy Motion #2 after a motion to bring it back from the table was made, seconded, and approved without objection. Changes proposed in the amendment were displayed on the video screen and reviewed. When no more additional discussion was heard, the Chair called for a vote on the amendment which was approved: 36 in favor, none opposed.

Discussion resumed on the main Motion. Questions arose about the specificity and length of information added for the Phone Bridge meetings and Intergroup and whether there was any consideration of other electronic format meetings and whether the manual would need to be reprinted whenever the Intergroup changed their service position responsibilities and requirements.

A further amendment was made to strike the content under the heading pages 31-44 (all of the Phone Bridge specific information) from the revised manual. Motion made by Susan seconded by David. Discussion was offered pro and con until a break was called for at 10:30 am.

The meeting returned to order at 10:50 am with the Serenity Prayer. Business was paused for two minutes until there was a quorum in the room. After brief discussion a vote to call the question was made and seconded. Motion to call passed.

The vote on the amendment to strike section headed pages 31-44 was held. 28 in favor; 8 were opposed. Minority opinion was solicited and offered. Margaret moved to reconsider; Elinor seconded. 22 voted in favor of reconsideration; 13 were opposed. Reconsideration, requiring simple majority, passed.

Discussion resumed. The Chair called for a vote after discussion finished. 20 voted in favor of the amendment. 15 were opposed. The amendment failed to achieve 2/3. No minority opinion was heard.

Discussion was invited on the main Motion. A vote was called for on the main Motion. 16 voted in favor; 16 were opposed. Minority opinion was solicited and offered. There was no motion to reconsider made. Policy Motion #2 failed to pass.

The Chair reminded Delegates that Participating Director nominations were now due. She also made a last call for any items of urgent new business. Suzanne reminded that Chairs of Committees are responsible for getting Spanish Language Interpreter support if they have Committee members who need this support. Oralia will be their contact with the Interpretation Committee.

Business Session 3 adjourned at 11:44 am for lunch.

BUSINESS SESSION 4

The Chair called Business Session 4 to order at 1:45 pm with the Serenity Prayer. She noted there were no more Policy Motions on the agenda, and no items of urgent new business were brought forward.

The body was offered the opportunity to participate in an open forum. There was a question about using AA Conference approved literature at meetings. Attention was called to the fact that this is addressed in the new edition of Forever Abstinent. Gratitude was expressed for the Conference process and for all the work that members did and do on behalf of the Fellowship. It was also suggested that there should be a Zoom workshop on parliamentary procedures for Delegates perhaps a month before the meeting. The Parliamentarian expressed gratitude for being able to participate in the Conference. Suzanne shared that she will be participating in some multi-program sharing sessions with members from other recovery programs. She will report on what she learns next year. She also reminded the body that the work of the Conference Committees needs to continue during the year. If one of you has to step down during the year for whatever reason, the others need to continue the work. David suggested that part of our service at Conference is sharing what happened with our Areas, Intergroups and Meetings. He suggested not only to say what was decided and what information was received but also what individual members learned from their participation and to share this in a positive way. This is how we can get newer members interested in WSBC

There were seven applicants for six Participating Director positions. Bryce, Carmen, Cheryl, Diane, Carmen, Mary, Martie, and Roberta stood for election. Each candidate was asked to share their qualifications and what they thought they could contribute to the Board. The body voted by written ballot. Carmen, Cheryl, Diane, Martie, Mary, and Roberta were elected to two-year terms.

New and returning Board members were reminded there would be a short Board meeting after the conclusion of WSBC.

The following were elected to the WSBC Conference Committee for 2026-27 by acclamation: Adell, Coletta, Dorene, Joan and Margaret were elected by acclaim.

The Chair again thanked everyone for their service and thanked and acknowledged WSO staff Linda and Almarosa. She thanked the Board and everyone who gave her the extra support she needed as a blind person. She also thanked the members of the Conference Support Committee: Ginger, Minh-son, Cristina and Liane, the translators Molly and Oralia and the Parliamentarians Alex and Manya. The Chair adjourned the meeting with the Serenity Prayer at 2:41 pm.

Voting participants

Adell P	Area 1
Alicia W	Area 2
Bryce M	Area 10
Carletta B	Area 2
Cheryl F	Director
Coletta W	Area 10
Connie D	Area 2
Diane S	Director
Dimitri V	Area 3 4 5
Dorene F	Area 2
Elaine E	Area 2
Elinor P	Area 1
Gladys R	Area 10
Gris M	Area 10
Joan P	Area 1
John M	Area 1

Jose F	Director
Judy Ka	Area 2
Judy Ki	Director
Lainey B	Area 2
Linda S	Area 10
Lois L	Area 1
Lukas J	Director
Luretha B	Area 2
Margaret G	Area 1
Maria D	Area 1
Maria Del Carmen C	Director
Maria Del Rosio R	Area 10
Maria Eugenia M	Area 10
Martie G	Area 1
Mary Ann M	Area 10
Mary K	Area 1
Mercedes S	Area 10
Olivia G	Area 1
Patricia S	Area 10
Roberta S	Director
Sean H	Director
Shirle A	Area 1
Suzanne E	Director
Zoe Astrid L	Director

Non-voting officers

Carolyn P	Acting Treasurer
David M	Secretary
Linda V	Executive Director
Michael D	President
Susan M	Vice-President

Support

Alex W	Parliamentarian
Manya W	Parliamentarian
Cristina M	Conference Support Committee
Ginger B	Conference Support Committee
Minh Son D	Conference Support Committee
Liane S	Conference Support Committee
Molly S	Spanish Language Interpreter
Oralia B	Spanish Language Interpreter