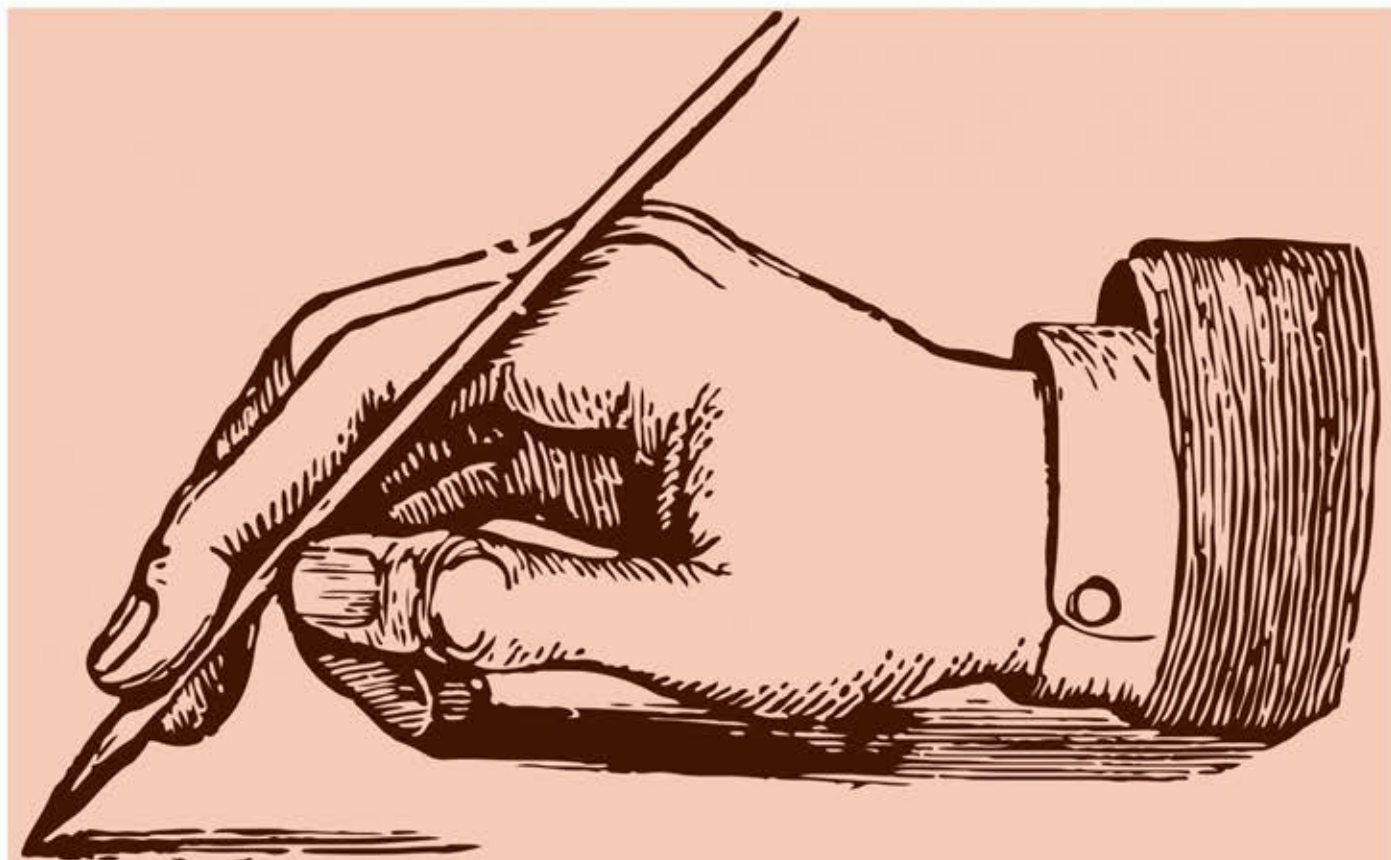


Um . . . I Hate to Write



CEA-HOW Writing Workshop

CEA-HOW is collecting submissions for our own Reflections book, & **we need you!**
Help the WSBC Literature Committee complete CEA-HOW's first Reflections book.

We Need Your **Experience, Strength, & Hope.** Whether you love to write or it's your least favorite thing on Earth, we want to **learn from your first-hand recovery.**

What: Try out writing a rough draft of a Daily Reflection

How: We'll work with a template, write together, & have a period for kind feedback

Bring: A favorite quote from A.A. conference-approved or CEA-HOW literature

Why: Boost your recovery and help the CEA-HOW fellowship!

Who: Brand new to CEA-HOW, seasoned member — all are welcome

Saturday May 9 at 1-2:30pm EDT

Zoom: Meeting ID: 836 6432 4626 Passcode: 529268

<https://us06web.zoom.us/j/83664324626?pwd=8pd5EnIWupMTjNIaO85KRAPwTxLqZa.1>

Suggested donation \$10—but no one will be turned away, all are welcome.

Paypal, Venmo, CashApp, Zelle, checks: <https://www.ceahow.org/en/contribute/>
All proceeds go directly to World Service to fund fellowship services.

Sponsor: Thursday 5:30pm EST Michigan Zoom Mtg #2015



Zelle

Use phone number 323-378-3858



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Our username is ceahowusa