



Compulsive Eaters Anonymous HOW

Dallas Intergroup

Holiday Workshop

Saturday, November 22nd

1:00-3:00 CT

Join us at the Center of Spiritual Development
5324 West Northwest Highway Dallas, TX 75220

or: Zoom-355-925-844

Passcode: CEAHOWTX1

***Panel of
6 Speakers**

***Recipe Exchange**
email your favorite
recipes to:
**dallasceahowrecipes
@gmail.com**
by November 15th



***Ask-it
Basket**



Suggested donation of
\$10.00

Zelle account-
817-703-5434

PayPal-
dallastxceahow@gmail.com

Sit! Don't Quit!

KEEP COMING THROUGH THE HOLIDAYS!

Question contact:
nhonkomp417@gmail.com