



COMPULSIVE EATERS ANONYMOUS-H.O.W.  
World Service Business Conference (WSBC)  
Los Angeles, CA July 20-21, 2023  
Minutes

## **BUSINESS SESSION 1**

Lorraine, Chair, called the meeting to order at 8:31 am, Thursday, July 20, 2023, with the Third Step Prayer.

Aneisa read Tradition Two.

### **Introductions, roll call, Standing Rules, Agenda, and previous meeting minutes approval**

The Chair asked the World Service Board Directors and Corporate Officers to introduce themselves: voting Directors: Lorraine S., Chair; Aneisa B., Vice-Chair; Bryce M.; Gris M.; Adell P.; Mary Q.; Jose F.; Donna T.; Marcus F., Non-Participating Director. Non-voting Corporate Officers present: Michael D., President; Susan M., Vice-President; Kevin C., Treasurer; David M., Secretary. The chair introduced staff present: Ellie M., Executive Director; Jana C. Executive Director, Designate; Almarosa H., Office Manager. Alex W. served as Parliamentarian. WSBC Conference Support Committee members were Cristina M., Ginger B., and Minh-son D. Translators were Maria, Molly, and Sandy.

Delegate and Board Roll Call. 24 Delegates were present at roll call. The number of voting members including Delegates and Directors was 33. A 2/3's majority was 22.

The Chair made the first call for applications for Participating Director.

Michael made a motion to approve the Standing Rules. Adell seconded. Susan moved that the provision in 4 Voting be changed from "All motions, except as otherwise specifically stated in the bylaws, shall require a 2/3 majority vote for approval." to "All motions and amendments, except..." Shirle seconded. 28 voted in favor, 4 were opposed. Minority opinion was requested by the chair and after minority was heard asked if there was a request for reconsideration. Hearing none, discussion on the main motion continued. A motion was made by Susan to return to the original wording for item 4. Seconded by Elaine. 24 in favor, 3 opposed. Minority opinion was requested, and none offered. Motion passed. Karen Marie moved to change item 2 d "No cameras, recording equipment, cellular phones, or other forms of wireless communication will be permitted in the business sessions other than those approved by the Chair." to "No cameras, recording equipment, or cellular phones will be permitted in the business sessions other than those approved by the Chair." Members needing adaptive technologies to participate may be using a Wi-Fi connected device and should not need to report this. Stephen seconded. 22 in favor, 8 opposed. Minority opinion was expressed. No motion to reconsider was made. Motion passed. A motion to approve the Standing Rules as amended was made by Stephen and seconded by Donna. 25 in favor, 2 opposed. Minority opinion was requested, and none was offered. Motion to approve the Standing Rules are adopted.



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Michael moved to approve the agenda. Mary seconded. 31 in favor. None were opposed.

Approval of WSBC 2022 minutes. Michael moved to accept the minutes as corrected, Bryce seconded. There was a correction on page 19 of the finance report where there was an extra "the."

It was noted that while the Spanish translation of the minutes was available in the drop box folder in advance of the meeting, a printed Spanish translation was omitted from the printed Conference folder packet. 27 were in favor of approving the corrected minutes, none were opposed.

### **Board Officer reports**

The Chair's report was provided to the members of the Conference in advance. Some accomplishments she highlighted for the year were: the reinstatement of Area 6 (Mexico) and the acceptance of their new Bylaws; service workshops and the distribution of Treasurers Manual online to the Fellowship; two Area and Intergroup forums and many discussions about increasing Seventh Tradition throughout the structure. She acknowledged the work that has been done throughout the year by the Conference Committees. She also acknowledged our incoming Executive Director, Jana, who will replace Ellie at the conclusion of this year's Global Convention. She thanked Jana, Ellie, Almarosa, and Rureth for their work during the year.

The President's report was provided to the members of the Conference in advance. Michael highlighted the change that is forthcoming in the WSO office and thanked Ellie, Jana, Almarosa and Rureth for their work, especially during this transition period. He highlighted the need for service and donations throughout the service structure, not just by the members present. He emphasized the need to carry the message and to promote the Program without personal publicity.

The Executive Director's report was provided to the members of the Conference in advance. Ellie discussed staffing responsibilities and office availability. Zelle and Venmo are now available for many types of payments. Ellie noted that she would be retiring this Sunday and is very grateful to Jana, Almarosa and Rureth. She encouraged all to sign up for the email distribution list found on the home page of the website. She noted that this is the 26<sup>th</sup> annual WSBC. She also said when newcomers call the office to find a first meeting to attend, most of them want a face-to-face meeting. Please support face-to-face meetings.

The Treasurer's report was provided to the members of the Conference in advance. Kevin stated that expenses and income were negatively affected by the Covid pandemic. Income was approximately \$200,000 for the year and expenses were approximately \$185,000.

Sources of income are contributions, Convention, literature, and Conference. The difference between gross and net income was discussed. 2020 and 2021 were unusual because of the pandemic so 2019 was included for comparison. Salary increases reflect the labor market in the Los Angeles area as well as increased hours. He also reviewed the contribution details.



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There was a question about a large increase on expenses in item 932 for Accounting Fees from 2021 to 2022. Expenses for accounting had been in a different category and moved there. More opportunities to strategize about increasing donations would be available in the upcoming Forum.

The Chair called for a recess at 9:57 am.

### **Forum #1: Increasing Seventh Tradition Contributions**

The Chair reconvened Business session 1 at 10:11 am and introduced the first discussion forum on increasing Seventh Tradition contributions. [In characterizing discussion, comments in a similar vein are grouped together even if given at different points of the discussion.]

During the COVID-19 pandemic, one member of the body said they had gotten complacent about regular contributions at Zoom meetings and imagined many others had as well. Zoom contributions don't often keep up with membership. More in-person meetings are needed. A treasurer needs to make an announcement; posting in chat in a Zoom meeting is not enough.

The CEA-HOW Program is very Southern California focused, especially the Los Angeles area. What can be done to reach out to other geographic areas to grow the Fellowship? What can be done to encourage and support those in other areas to reach out? It was also stated that the Fellowship doesn't have many young people in it. Ads in newspapers aren't going to reach younger folks on the apps. It was observed that some groups, notably Las Vegas, were doing quite well with social media outreach without breaking personal anonymity.

The importance of making recurring donations was emphasized. Donations can also be made from retirement accounts, either on a one time or recurring basis. Recurring donations can be made to different service bodies. Donations made on ceahow.org go to Support the Fellowship as a whole.

Some meetings have higher rent now and are not able to give much to other service levels if all their funds go to rent. Meetings could be encouraged to shop for a better, more reasonably priced location.

Meetings and service bodies can hang on to excess funds rather than distribute them promptly. Treasurers at all levels should give regular reports and distribute excess funds regularly. Treasurers should communicate what meeting expenses are per member if possible. Encourage more than one dollar. Encourage sponsors to talk about Seventh Tradition contributions with their sponsees.

A question arose about the contributions from a particular group and the importance of following up with the appropriate service body. A suggestion was made that a larger percentage of contributions be directed toward World Service. It was observed that the contribution split of 50% to Intergroup, 20% to Area and 30% to World Service was for excess meeting funds, and



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that this was a requirement in the Bylaws. If a meeting had no excess funds, no donation was required.

Intergroups and Areas with excess funds are not required to distribute those funds in any particular way by the Bylaws. The Seventh Tradition suggests that such bodies not hang on to money above their prudent reserve. [Intergroups and Areas may have in their individual bylaws provisions which dictate how they will distribute funds above operating expenses and prudent reserve.]

It is important to educate members in meetings. What is the value of their contribution? Development of new literature, support at all levels for newcomers, website improvement, development, and maintenance, etc. Members should be prepared, have information at hand if they encounter newcomers who are interested in recovery.

The first forum concluded at 11:15 am.

Coletta was introduced as the chair of the WSBC Conference Committee. She reviewed the process of assigning Delegates to their Committees. She also suggested that for next year Delegates be given a choice between meetings that will meet on day one of the Conference and a separate choice between meetings on day two. Loraine reminded the body that lunch was a working lunch. It was the responsibility of each Committee that was scheduled to meet today to pick a Chair, a Vice-Chair, and a Secretary; to pick dates to meet during the year and to return the Committee forms to staff by the end of lunch. Committees should be joined by their Board liaison.

The Chair adjourned for Lunch at 11:27 am.

## **BUSINESS SESSION 2**

The Chair called business session 2 to order at 1:45 pm

### **New Business**

**Policy Motion #1** was read and moved Shirle. Seconded by Stephen.

**Motion:** The Daily Reflections Workbook II for CEA-HOW members with challenges is submitted for approval to publish and distribute to the Fellowship, subject to editing for spelling, grammar, and typography.

A question was asked what the minimum number of copies of a new piece of literature is required by our production company. 50 is the usual minimum order. Hearing no further discussion, the chair called for a vote. 29 were in favor, 1 was opposed. Minority opinion was requested and voiced. No request to reconsider was heard. Motion passed.



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**Bylaws Amendment #1** was read and moved by Susan. Seconded by Adell.

**Motion:** to amend Article 19, sections 1,2,4 and 5. [To change group to meeting]

<b>Current Wording: Article 19</b>	<b>Proposed Wording: Article 19</b>
<b>SECTION 1. FORMATION</b> A Group may be formed by two (2) or more persons meeting together who have a desire to stop eating compulsively.	<b>SECTION 1. FORMATION</b> a) A <u>Group Meeting</u> may be formed by two (2) or more persons meeting together who have a desire to stop eating compulsively. b) Two or more meetings may join as a Group to share resources, however, each meeting is to have its own Intergroup Representative.
<b>SECTION 2. PURPOSE</b> As a Group, they meet to practice the Twelve Steps, Twelve Traditions, the CEA-HOW Concept and the Seven Tools of Compulsive Eaters Anonymous-HOW.	<b>SECTION 2. PURPOSE</b> As a <u>Group Meeting</u> , they meet to practice the Twelve Steps, Twelve Traditions, the CEA-HOW Concept and the Seven Tools of Compulsive Eaters Anonymous-HOW.
<b>SECTION 4. REGISTRATION</b> a) A Group must be registered with the World Service Office. Registration consists of submission of a signed form indicating the Group's location and meeting day and time, contact person (including name, address, phone number and e-mail address) and subscription to the CEA-HOW philosophy and by-laws, including Article 19.  b) A copy of these by-laws, at a price not to exceed the cost of providing such copy including postage and handling, shall be provided to anyone interested in forming a Group or who has formed a Group.	<b>SECTION 4. REGISTRATION</b> a) A <u>Group Meeting</u> must be registered with the World Service Office. Registration consists of submission of a signed form indicating the <u>Group's Meeting's</u> location and meeting day and time, contact person (including name, address, phone number and e-mail address) and subscription to the CEA-HOW philosophy and bylaws, including Article 19.  b) A copy of these bylaws, at a price not to exceed the cost of providing such copy including postage and handling, shall be provided to anyone interested in forming a <u>Group Meeting</u> or who has formed a <u>Group Meeting</u> .
<b>SECTION 5. OPERATION</b> a) A Group may place no qualification or prerequisite on any individual who desires to attend a meeting or participate in the Group other than a willingness to follow the CEA-HOW philosophy. Failure to follow the CEA-HOW philosophy or to complete any aspect of the CEA-HOW program shall not be grounds for expulsion, discipline, or censure. The Group does not expect perfection, but only strives to support effort.	<b>SECTION 5. OPERATION</b> a) A <u>Group Meeting</u> may place no qualification or prerequisite on any individual who desires to attend a meeting or participate in the <u>Group Meeting</u> other than a willingness to follow the CEA-HOW philosophy. Failure to follow the CEA-HOW philosophy or to complete any aspect of the CEA-HOW program shall not be grounds for expulsion, discipline, or censure. The <u>Group</u>



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<p>b) CEA-HOW Inc. is not and shall not be responsible for any act, omission, or debt of any Group or participant.</p> <p>c) Any surplus revenues collected by the group shall be distributed as follows: 50% to the Intergroup, 30% to the World Service Office, and 20% to the Area Assemblies. Should the group request that the Intergroup forward their World Service Office and Area Assembly contributions, the Intergroup shall forward the entire 30% received on behalf of the World Service Office to WSO and the entire 20% received on behalf of the Area Assembly to the Area Assembly. No deductions from those monies will be made by the Intergroup to cover Intergroup fees, expenses, or prudent reserve, nor shall the Intergroup delay forwarding these funds for an extended period of time.</p> <p>d) No Group may have an affiliation with any other organization than CEA-HOW. No Group may sponsor, endorse, or promote any other organization, product, service, or company.</p> <p>e) Any Group which involves CEA-HOW, Inc. in any dispute, legal process, or litigation must reimburse CEA-HOW, Inc. for any legal expenses incurred, any damages incurred, or any settlements or awards paid.</p>	<p><u>Meeting</u> does not expect perfection, but only strives to support effort.</p> <p>b) CEA-HOW Inc. is not and shall not be responsible for any act, omission, or debt of any <u>Group Meeting</u> or participant.</p> <p>c) Any surplus revenues collected by the <u>group meeting</u> shall be distributed as follows: 50% to the Intergroup, 30% to the World Service Office, and 20% to the Area Assemblies. Should the <u>group Meeting</u> request that the Intergroup forward their World Service Office and Area Assembly contributions, the Intergroup shall forward the entire 30% received on behalf of the World Service Office to WSO and the entire 20% received on behalf of the Area Assembly to the Area Assembly. No deductions from those monies will be made by the Intergroup to cover Intergroup fees, expenses, or prudent reserve, nor shall the Intergroup delay forwarding these funds for an extended period of time.</p> <p>d) No <u>Group Meeting</u> may have an affiliation with any other organization than CEA-HOW. No <u>Group Meeting</u> may sponsor, endorse, or promote any other organization, product, service, or company.</p> <p>e) Any <u>Group Meeting</u> which involves CEA-HOW, Inc. in any dispute, legal process, or litigation must reimburse CEA-HOW, Inc. for any legal expenses incurred, any damages incurred, or any settlements or awards paid.</p>
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The Chair asked for discussion. It was said that this was in opposition to Articles 15, 16, and 17 in Part B of the Bylaws [i.e., the Twelve Traditions, the Twelve Concepts of World Service and the CEA-HOW Concept.] Marcus moved to change the Proposed Wording in “Article 19, Section 2. Purpose” to strike “As a Group, they meet, “ and replace the text with “Groups hold meetings” and discard all other changes in this Bylaws Amendment. Roberta seconded. 30 were in favor of the Amendment to the original, none were opposed. Motion passed.

Bylaws Amendment #1 was changed to:



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**Motion:** to amend Article 19 section 2

<b>Current Wording: Article 19</b>	<b>Proposed Wording: Article 19</b>
<b>SECTION 2. PURPOSE</b> As a Group, they meet to practice the Twelve Steps, Twelve Traditions, the CEA-HOW Concept and the Seven Tools of Compulsive Eaters Anonymous-HOW.	<b>SECTION 2. PURPOSE</b> <del>As a Group, they meet</del> <u>Groups hold meetings</u> to practice the Twelve Steps, Twelve Traditions, the CEA-HOW Concept and the Seven Tools of Compulsive Eaters Anonymous-HOW.

The Chair called for a vote on the amended Amendment. 31 were in favor, none were opposed. The Bylaws Amendment as amended was passed.

**Bylaws Amendment #2 Clarifying Group and Intergroup Affiliation** was read and moved by David. Seconded by Adell.

<b>Current Wording: Article 19</b>	<b>Proposed Wording: Article 19</b>
Section 1. Formation A Group may be formed by two (2) or more persons meeting together who have the desire to stop eating compulsively.	Section 1. Formation A Group may be formed by two (2) or more persons meeting together who have a desire to stop eating compulsively. <u>A Group will hold meetings: in the same physical location (Face to Face); through some electronic means such as telephonic, video conferencing or other remote meeting technology (Virtual) or both (Hybrid)</u>
Section 4. Registration a.) A Group must be registered with the World Service Office. Registration consists of submission of a signed form indicating the Group's location and meeting day and time, contact person (including name, address, phone number and e-mail address) and subscription to the CEA-HOW philosophy and by-laws, including Article 19.	Section 4. Registration a.) A Group must be registered with the World Service Office. Registration consists of submission of a <del>signed</del> form indicating the Group's <u>meeting type (i.e. Face to Face, Virtual or Hybrid) and format, location (physical address and/or virtual address etc.), meeting day and time, approved Intergroup affiliation, meeting contact person (including name, <del>address</del>, phone number and e-mail address), Intergroup contact person (including name, phone number, e-mail address and intergroup position),</u> and subscription to the CEA-HOW philosophy and bylaws, including Article 19.
Section 5. Operation b.) The meeting place must be registered with the World Service Office (WSO). No official, legal, or	Section 5. Operation b.) <del>The meeting place must be registered with the World Service Office (WSO).</del> No official, legal, or



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written form of organization is required. No record of membership is allowed. Changes in the meeting place or contact person must be reported to the WSO within two weeks.	written form of organization is required. No record of membership is allowed. Changes in the <del>meeting place or contact person</del> <u>any of the meeting registration information as outlined in Article 19. Section 4.</u> must be reported to the WSO within two weeks.
<b>Current Wording: Article 20</b>	<b>Proposed Wording: Article 20</b>
<p>Section 1. Formation</p> <p>a.) Two (2) or more Groups within a state or in geographic proximity of each other may form an Intergroup for the purpose of serving and representing the Groups of which they are composed.</p> <p>b.) Each state should have at least one (1) Intergroup. In states having only one Group, that Group may function as an Intergroup.</p> <p>c.) No Group may be registered with more than one CEA-HOW Intergroup. Each Group shall register with the Intergroup in its nearest geographic or state or municipal vicinity and in no event outside its Area as defined by these Bylaws (except that phone or electronic groups will be affiliated with Area 10 as defined in these Bylaws without regard to geographic proximity). Applications for exceptions can be made to the Board of Directors.</p> <p>d.) Two or more electronic or voice-participant Groups may form an Intergroup for the purpose of serving and representing the Groups of which they are composed</p>	<p>Section 1. Formation</p> <p>a.) Two (2) or more Groups within a state or in geographic proximity of each other may form an Intergroup for the purpose of serving and representing the Groups of which they are composed. <u>Intergroups comprised solely of Virtual Groups may affiliate with a Geographic or Virtual Area. All new Intergroups must be approved by the Area prior to submission of the Intergroup formation request to WSO.</u></p> <p>b.) Each state, <u>country, or Area, as defined in Article 21,</u> should have, <u>but are not required to have,</u> at least one (1) <u>geographic</u> Intergroup. In states, <u>countries or Areas</u> having only one Group, that Group may function as an Intergroup.</p> <p>c.) No Group may be registered with more than one CEA-HOW Intergroup. <u>Each Group Face to Face and Hybrid Groups shall should</u> register with the <u>geographic</u> Intergroup in its nearest geographic or state or municipal vicinity and in no event outside its Area as defined by these Bylaws <del>(except that phone or electronic groups will be affiliated with Area 10 as defined in these Bylaws without regard to geographic proximity).</del> <u>upon the Intergroup's approval. Virtual Groups may register with a geographic or Virtual Intergroup upon the Intergroup's approval.</u> Applications for exceptions can be made to the Board of Directors.</p> <p>d.) <del>Two or more electronic or voice-participant Groups may form an Intergroup for the purpose of serving and representing the Groups of which they are composed.</del></p> <p>d.) <u>Should a Face to Face or Hybrid Group choose not to be affiliated with an Intergroup, it shall be deemed to be affiliated with the geographic Area</u></p>



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	in which it exists or if a Virtual Group with a <u>Geographic Area or the Virtual Area upon Area approval.</u>
<b>Current Wording: Article 21</b>	<b>Proposed Wording: Article 21</b>
Section 2. Composition b) 10. Area 10 is composed of one or more electronic or voice-participant Intergroups.	Section 2. Composition b) 10. Area 10 is composed of one or more <del>electronic or voice-participant</del> <u>Virtual</u> Intergroups.
<b>Current Wording: Article 22</b>	<b>Proposed Wording: Article 22</b>
Section 3. WSBC Participants  a.) Qualifications/Selection of World Service Business Conference Delegates/alternates shall be  1. Three (3) years in the Fellowship; 2. Two (2) years of service above the meeting level; 3. Attendance as an Area Representative in at least one (1) Area Assembly; 4. Two (2) years of continuous recovery in CEA-HOW as evidenced by two (2) years continuous abstinence; 5. Should visibly reflect the ideals of CEA-HOW in order to serve as a role model to others; 6. Must also, be a qualified CEA-HOW Food, Inventory & Step Sponsor; 7. Must share an active relationship with their sponsor; 8. Declared themselves as practicing the Twelve Steps, CEA-HOW Concept and Seven Tools to the best of their ability; 9. Be committed to the Twelve Traditions and Concepts of Service of CEA-HOW to be affirmed on their Delegate application forms; 10. Delegates shall focus exclusively on the business presented at WSBC for their deliberation and vote as Delegates and shall not simultaneously serve in any dual or overlapping role at WSBC. 11. Permission for any exception in qualifications for valid reasons, if deemed credible by the Directors, may be granted by the Board of	Section 3. WSBC Participants  b.) Qualifications/Selection of World Service Business Conference Delegates/alternates shall be  1. Three (3) years in the Fellowship; 2. Two (2) years of service above the meeting level; 3. Attendance as an Area Representative in at least one (1) Area Assembly; 4. Two (2) years of continuous recovery in CEA-HOW as evidenced by two (2) years continuous abstinence; 5. <u>Delegates/alternates from a geographic Area must reside in that Area for at least six months prior to being voted in as a Delegate.</u> <u>Delegates/alternates from Area 10, serve without regard to geographic residence.</u> 5-6. Should visibly reflect the ideals of CEA-HOW in order to serve as a role model to others; 6-7. Must also, be a qualified CEA-HOW Food, Inventory & Step Sponsor; 7-8. Must share an active relationship with their sponsor; 8-9 Declared themselves as practicing the Twelve Steps, CEA-HOW Concept and Seven Tools to the best of their ability; 9-10. Be committed to the Twelve Traditions and Concepts of Service of CEA-HOW to be affirmed on their Delegate application forms; 10-11. Delegates shall focus exclusively on the business presented at WSBC for their deliberation and vote as Delegates and shall not



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Directors upon proper receipt of an application to the World Service Office.	simultaneously serve in any dual or overlapping role at WSBC. 11-12. Permission for any exception in qualifications for valid reasons, if deemed credible by the Directors, may be granted by the Board of Directors upon proper receipt of an application to the World Service Office
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Discussion was heard pro and con. Linda M. moved to amend the main motion to strike the change to Article 21, Section 2. Sub b.) 10. and retain the original Bylaws wording. Suzanne seconded. 19 were in favor, 10 were opposed. Motion did not pass by 2/3s. Minority opinion was requested. No motion to reconsider was made.

Motion to amend the proposed wording for Article 21. Section 2. b) was made by Donna, seconded by Judy Ka.

“10. Area 10 is composed of one or more Virtual Intergroups, i.e., telephonic, video conferencing or other remote meeting technology.”

A vote was called for on the amendment. 22 were in favor, 8 were opposed. Minority opinion was requested and heard. No motion for reconsideration was offered. Amendment passed.

The Chair called for a vote on the amended Amendment [change to the original motion highlighted in yellow.]

Current Wording: Article 19	Proposed Wording: Article 19
Section 1. Formation A Group may be formed by two (2) or more persons meeting together who have the desire to stop eating compulsively.	Section 1. Formation A Group may be formed by two (2) or more persons meeting together who have a desire to stop eating compulsively. <u>A Group will hold meetings: in the same physical location (Face to Face); through some electronic means such as telephonic, video conferencing or other remote meeting technology (Virtual) or both (Hybrid)</u>
Section 4. Registration a.) A Group must be registered with the World Service Office. Registration consists of submission of a signed form indicating the Group's location and meeting day and time, contact person (including name, address, phone number and e-mail address) and subscription to the CEA-HOW philosophy and by-laws, including Article 19.	Section 4. Registration a.) A Group must be registered with the World Service Office. Registration consists of submission of a <del>signed</del> form indicating the Group's <u>meeting type (i.e. Face to Face, Virtual or Hybrid) and format, location (physical address and/or virtual address etc.), meeting day and time, approved Intergroup affiliation, meeting contact person (including name, <del>address</del>, phone number and e-mail address), <u>Intergroup contact person</u></u>



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	<u>(including name, phone number, e-mail address and intergroup position)</u> , and subscription to the CEA-HOW philosophy and bylaws, including Article 19.
Section 5. Operation b.) The meeting place must be registered with the World Service Office (WSO). No official, legal, or written form of organization is required. No record of membership is allowed. Changes in the meeting place or contact person must be reported to the WSO within two weeks.	Section 5. Operation <del>b.) The meeting place must be registered with the World Service Office (WSO).</del> No official, legal, or written form of organization is required. No record of membership is allowed. Changes in <del>the meeting place or contact person</del> <u>any of the meeting registration information as outlined in Article 19. Section 4.</u> must be reported to the WSO within two weeks.
<b>Current Wording: Article 20</b>	<b>Proposed Wording: Article 20</b>
Section 1. Formation a.) Two (2) or more Groups within a state or in geographic proximity of each other may form an Intergroup for the purpose of serving and representing the Groups of which they are composed. b.) Each state should have at least one (1) Intergroup. In states having only one Group, that Group may function as an Intergroup. c.) No Group may be registered with more than one CEA-HOW Intergroup. Each Group shall register with the Intergroup in its nearest geographic or state or municipal vicinity and in no event outside its Area as defined by these Bylaws (except that phone or electronic groups will be affiliated with Area 10 as defined in these Bylaws without regard to geographic proximity). Applications for exceptions can be made to the Board of Directors. d.) Two or more electronic or voice-participant Groups may form an Intergroup for the purpose of serving and representing the Groups of which they are composed	Section 1. Formation a.) Two (2) or more Groups within a state or in geographic proximity of each other may form an Intergroup for the purpose of serving and representing the Groups of which they are composed. <u>Intergroups comprised solely of Virtual Groups may affiliate with a Geographic or Virtual Area. All new Intergroups must be approved by the Area prior to submission of the Intergroup formation request to WSO.</u> b.) Each state, <u>country, or Area, as defined in Article 21</u> , should have, <u>but are not required to have</u> , at least one (1) <u>geographic</u> Intergroup. In states, <u>countries or Areas</u> having only one Group, that Group may function as an Intergroup. c.) No Group may be registered with more than one CEA-HOW Intergroup. <u>Each Group Face to Face and Hybrid Groups shall should</u> register with the <u>geographic</u> Intergroup in its nearest geographic or state or municipal vicinity and in no event outside its Area as defined by these Bylaws <del>(except that phone or electronic groups will be affiliated with Area 10 as defined in these Bylaws without regard to geographic proximity).</del> <u>upon the Intergroup's approval. Virtual Groups may register with a geographic or Virtual Intergroup upon the Intergroup's approval.</u> Applications for exceptions can be made to the Board of Directors.



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	<p><del>d.) Two or more electronic or voice-participant Groups may form an Intergroup for the purpose of serving and representing the Groups of which they are composed.</del></p> <p>d.) <u>Should a Face to Face or Hybrid Group choose not to be affiliated with an Intergroup, it shall be deemed to be affiliated with the geographic Area in which it exists or if a Virtual Group with a Geographic Area or the Virtual Area upon Area approval.</u></p>
<b>Current Wording: Article 21</b>	<b>Proposed Wording: Article 21</b>
<p>Section 2. Composition</p> <p>b)</p> <p>10. Area 10 is composed of one or more electronic or voice-participant Intergroups.</p>	<p>Section 2. Composition</p> <p>b)</p> <p>10. Area 10 is composed of one or more <del>electronic or voice-participant Virtual</del> Intergroups, <u>i.e. telephonic, video conferencing or other remote meeting technology.</u></p>
<b>Current Wording: Article 22</b>	<b>Proposed Wording: Article 22</b>
<p>Section 3. WSBC Participants</p> <p>a.) Qualifications/Selection of World Service Business Conference Delegates/alternates shall be</p> <ol style="list-style-type: none"> <li>1. Three (3) years in the Fellowship;</li> <li>2. Two (2) years of service above the meeting level;</li> <li>3. Attendance as an Area Representative in at least one (1) Area Assembly;</li> <li>4. Two (2) years of continuous recovery in CEA-HOW as evidenced by two (2) years continuous abstinence;</li> <li>5. Should visibly reflect the ideals of CEA-HOW in order to serve as a role model to others;</li> <li>6. Must also, be a qualified CEA-HOW Food, Inventory &amp; Step Sponsor;</li> <li>7. Must share an active relationship with their sponsor;</li> <li>8. Declared themselves as practicing the Twelve Steps, CEA-HOW Concept and Seven Tools to the best of their ability;</li> </ol>	<p>Section 3. WSBC Participants</p> <p>b.) Qualifications/Selection of World Service Business Conference Delegates/alternates shall be</p> <ol style="list-style-type: none"> <li>1. Three (3) years in the Fellowship;</li> <li>2. Two (2) years of service above the meeting level;</li> <li>3. Attendance as an Area Representative in at least one (1) Area Assembly;</li> <li>4. Two (2) years of continuous recovery in CEA-HOW as evidenced by two (2) years continuous abstinence;</li> <li>5. <u>Delegates/alternates from a geographic Area must reside in that Area for at least six months prior to being voted in as a Delegate.</u> <u>Delegates/alternates from Area 10, serve without regard to geographic residence.</u></li> <li>5-6. Should visibly reflect the ideals of CEA-HOW in order to serve as a role model to others;</li> <li>6-7. Must also, be a qualified CEA-HOW Food, Inventory &amp; Step Sponsor;</li> </ol>



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<p>9. Be committed to the Twelve Traditions and Concepts of Service of CEA-HOW to be affirmed on their Delegate application forms;</p> <p>10. Delegates shall focus exclusively on the business presented at WSBC for their deliberation and vote as Delegates and shall not simultaneously serve in any dual or overlapping role at WSBC.</p> <p>11. Permission for any exception in qualifications for valid reasons, if deemed credible by the Directors, may be granted by the Board of Directors upon proper receipt of an application to the World Service Office.</p>	<p><del>7</del>-8. Must share an active relationship with their sponsor;</p> <p><del>8</del>-9 Declared themselves as practicing the Twelve Steps, CEA-HOW Concept and Seven Tools to the best of their ability;</p> <p>9-10. Be committed to the Twelve Traditions and Concepts of Service of CEA-HOW to be affirmed on their Delegate application forms;</p> <p><del>10</del>-11. Delegates shall focus exclusively on the business presented at WSBC for their deliberation and vote as Delegates and shall not simultaneously serve in any dual or overlapping role at WSBC.</p> <p><del>11</del>-12. Permission for any exception in qualifications for valid reasons, if deemed credible by the Directors, may be granted by the Board of Directors upon proper receipt of an application to the World Service Office</p>
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31 were in favor of the amended Bylaws Amendment, 1 opposed. Minority opinion was solicited and heard. The Chair called for a 10-minute break at 3:26 pm.

The body reconvened at 3:41 pm. The Chair announced that the special WSBC 2023 donation drive had reached \$640. [After the conclusion of Business Session 1, but before lunch, an announcement was made that there was an anonymous pledge to match donations made during WSBC up to \$500]

**Bylaws Amendment #3 to Decommission the Policy Manual Committee** was read and moved by Susan. Seconded by Adell.

Current Wording: Article 23	Proposed Wording: Article 23
Section 8 Policy Manual Committee	<i>Delete Policy Manual Committee and all subsequent Committee section numbers will decrease by one.</i>

The Chair asked for discussion and then called for a vote. 31 were in favor, none were opposed. Motion passed.



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Roberta moved to amend the Conference Agenda to continue for an hour before adjourning for the day with the items scheduled for the next morning, namely Conference Committee reports. Susan seconded. Time was noted as 3:52, meeting would continue up to 5:00 pm. 29 in favor. 2 opposed. Minority opinion was invited and heard. No motion to reconsider was made.

### **WSBC Committee Reports**

**Agenda:** The Committee received 5 Policy Motions and 4 Bylaws Amendments. 4 of the Policy Motions and 4 of the Bylaws Amendments were approved by the Committee and forwarded to the Board.

**Education:** The Committee submitted a trifold titled *Aging in CEA-HOW* which was not accepted by the Literature Committee because the layout was not approved and the most important part of text of the trifold was already included in a prior year's changes to the Forever Abstinent booklet.

**Education (Special Needs):** The Committee resubmitted a workbook based on "Daily Reflections." In the coming year, the Committee plans to work on stories for the special needs' section of the website.

**Literature:** The Committee reviewed several pieces of literature for the Conference's consideration. They have been reviewing literature to update references to the Sponsor Guidelines which has been split into two pieces of literature; to insure CEA-HOW literature uses the "CEA-HOW Concept" rather than the older "HOW Concept"; to update the Kaleidoscope Questions to use unmodified AA quotes (not substituting the word food for alcohol in compliance with AA's request) and to refer to both the 3<sup>rd</sup> and 4<sup>th</sup> editions of the "AA Big Book."

**Public Information:** The Committee has not been very active in the past year, but the Committee did reach out to Intergroups to gather information on their Public Information work. More work with outreach on public information activity to other CEA-HOW service bodies is needed for the coming year.

**Sponsorship:** The Committee has worked on putting stories on the sponsor resources portion of the ceahow.org website.

**Website:** Work has continued improving the website, by comparing it with other 12 step organizations, to make it more usable for mobile apps, to make the website less busy and more navigable. The Board has approved all the Committee's recommendations although a few changes have not been completed.

**Policy Manual:** The Committee updated the English version, and the Spanish version was updated by the translation team. The Committee fully endorsed the bylaws amendment to decommission the Committee.

**Spanish language literature:** They were able to review the Spanish translation of *Daily Reflections* questions during this past year.



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**Finance:** The Committee focused on the Annual Budget, continued work on the CEA-HOW Treasurer's Guidebook and decided not to hold a Treasurers' workshop this year.

Michael moved to reconvene the body at 9:30 am on Friday morning instead of 8:30 am. Seconded by Adell. 28 in favor, 3 in opposed. Minority opinion was solicited but none voiced.

Bryce moved to adjourn. Aneisa seconded. 28 were in favor, 1 was opposed. No minority opinion was expressed.

Business session 2 adjourned at 4:38 pm.

### **BUSINESS SESSION 3**

The Chair called the body to order at 9:30 am on July 21, 2023, with the Serenity Prayer.

The Chair announced that because we were running ahead of schedule, any Urgent New Business motions needed to be handed in as soon as possible. She said she had not received any yet, nor heard anyone say that there was anything that needed the body's immediate attention. The Chair reviewed the qualifications and responsibilities of Participating Directors. Director applications also should be turned in by 10:15 am.

Roll call was taken: 33 Delegates and voting Directors were present.

Milestones were solicited: Stephen celebrated 19 years of CEA-HOW abstinence. Bryce celebrated 17 years of CEA-HOW abstinence. The Conference acknowledged LB C. and Pamela K., who had both passed away since the last WSBC meeting with a moment of silence.

### **Forum #2: Holding World Service Business Conference (WSBC) in hybrid format**

Presentation: To have full participation by remote Delegates and have parity with in-person Delegates, the cost to hold a midline quality hybrid Conference was estimated to be about \$22,000. It would require training of participants, volunteers and require outside production staffing.

Discussion:

The experience of those who are on site would have a degraded experience. Someone mentioned that during WSBC 2020 there was at least one Delegate who was asleep and someone else who was busy with a house guest. Zoom meetings were a necessity during the



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pandemic, but not the best way to conduct WSBC business. Delegates in remote locations have to spend a lot of money to participate in-person. Hybrid events tend to not contribute to unity. It would be better to have the Conference and Convention in other geographic areas. The value of face-to-face interaction was emphasized for both personal experiences, but also for the effectiveness of the work of the Conference. An example of the work done after hours at the last WSBC on the food plan was given. If only one or two people (say from Europe) were remote something could be done for about \$1000, but they would have to accept that their participation would be unequal. The quality of service is better in person.

One member was encouraged by her sponsor from the beginning to plan on going often to California and has gotten a lot out of her participation. Some are not able to come because of health, age, and distance of travel. Zoom meetings are very useful, but the Business Conference is a different story. The unreliability of internet connections was brought up.

What makes financial sense, would having hybrid really encourage more participation? Maybe it would make more sense to spend money to have remote people come to an in-person event. It would be significantly less to have observers, would cost a lot less to just have observers. The importance of hearing the whole of the discussion was expressed, partial information could be worse than no information. It was noted that most areas were not sending their full complement of Delegates.

The forum concluded with the body taking a break at 10:55 am.

The Chair reconvened at 11:15 am. It was announced that the special WSBC fundraising drive total was \$871.00.

A question was asked about the responsibility of Delegates which was briefly reviewed [the CEA-HOW Bylaws outline the duties of the Delegate] The Chair emphasized the importance of communicating with their Areas, Intergroups and Meetings in which they participate and sharing experience with sponsees.

Susan told the body about the reactivation of the Board Literature Committee which she hoped would increase continuity with the development of literature.

The Chair adjourned the body for lunch at 11:30 am.

#### **BUSINESS SESSION 4**

Lorraine called the meeting back to order at 1:30 pm. Roll call was taken. 32 voting members were present.

Five applicants for Participating Director were determined to meet the qualifications. There were three vacant positions. Adell, Aneisa, Suzanne, Judy Ki., and Carmen presented their qualifications to the body. Adell, Aneisa and Suzanne were elected to the Board by an anonymous ballot for two-year terms.



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The following were elected to the WSBC Conference Committee for 2023-24 by acclimation:  
Elaine, Connie, Linda T., Karen Marie, and Coletta.

A request was made for future Conference forum topics. Two ideas offered were: fostering more face-to-face meetings — newcomers ask for in-person meetings; and how to promote the CEA-HOW program while remaining personally anonymous.

The Chair again thanked everyone for their service and entertained a motion to adjourn. Michael moved to adjourn, Adell seconded. The meeting was adjourned at 2:04 pm.

**Voting participants**

Adell P.  
Aneisa B.  
Bryce M.  
Carla M.  
Carmen C.  
Coletta W.  
Connie D.  
David S.  
Donna T.  
Elaine E.  
Gertrudis Judith M.  
Gris M.  
Jose F.  
Judy Ka.  
Judy Ki.  
Julia T.  
Karen M.  
Karen Marie S.  
Linda B.  
Linda D.  
Linda M.  
Linda T.  
Lorraine S.  
Maggie L.  
Marcus F.  
Martha Lourdes N.  
Mary Q.  
Rayo C.  
Roberta S.  
Shirle A.  
Stephen P.  
Suzanne E.  
Vincent L.



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**Non-Voting participants**

David M.  
Kevin C.  
Michael D.  
Susan M.  
Ellie M.