

June is Service Month in CEA-HOW!



Join us for a WSO-sponsored service workshop ***Digging deeper into the 6th Tool***

Sunday, 6/29/25 1-2:30 PM ET; 10AM-11:30 AM PT

Zoom Meeting ID: 893 4807 1101 passcode: Service

No registration necessary

7th Tradition donations will be requested during the workshop

Service is abstinence — the greatest service to ourselves. Service is coming to meetings on time; being a leader or speaker; volunteering to be a service person such as a Program chairperson, coffee person, treasurer, secretary, literature person, intergroup representative, etc. Service is CEA-HOW. Service is one way to get involved in the Program. Service is needed at all levels and at every meeting. Service is giving of ourselves to help CEA-HOW continue to function. Let's all get involved to help CEA-HOW because we all know that

Service is freedom from bondage of self

For further information call Susan M. at 510-421-2205