**FAQ’s about 4 column inventory**

1. **Question: Is a four-column 4th step inventory, as instructed in the Alcoholics Anonymous “Big Book”, consistent with the CEA-HOW method of doing the 4th step?**

Answer: Yes

* 1. It is OPTIONAL to do a 4th step column inventory as part of a CEA-HOW 4th step.
  2. The 170 questions from the Sponsor Guidelines 4th Step Inventory Steps 4&5 are the ONLY REQUIREMENT to take the 4th step.

1. **Question: Where in our literature is four-column 4th step inventory supported?**

Answer: Our literature supports doing a four-column 4th step inventory in the following:

1. Big Book Alcoholics Anonymous, p. 64-71
2. Sponsoring in CeaHow, p. 33
3. Sponsor Guidelines 4th Step Inventory Steps 4&5, p. 9-13
4. Sponsor Guidelines 4th Step Inventory Steps 4&5, p. 24-25
5. **Question: What resources do we have to supplement the instructions in the Alcoholics Anonymous Big Book?**

Answer: We have these resources:

1. The 2013 Global Convention included a workshop “How to do your 4th step column inventory” Downloads are available from the 2013 Global Convention. Click these links: [Audio download](https://ceahow.org/audio/2013/Workshop4thStepColumnInventory.mp3) [Handout 1](https://www.ceahow.org/audio/2013/HandoutWorkshopColumnInventoryFormat.pdf) [Handout 2](https://www.ceahow.org/audio/2013/ColumnInventoryWorkshopREVISION.pdf)
2. A qualified CEA-HOW sponsor who has done the 4-column 4th step inventory by the Alcoholics Anonymous Big Book can guide you through.