

Compulsive Eaters Anonymous – HOW
Radio - Public Service Announcement
:60 script (60 seconds)

Title: “PSA-Compulsive Eaters Anonymous-HOW”

Light, soothing music up...

Warm female voice: Do you eat when you’re not hungry?

Do you promise yourself you won’t overeat and then do it anyway?

Is weight affecting the way you live your life?

If you answered yes to any of these questions, you may have a problem with compulsive eating. You are not alone. There are many of us now recovering from our food addiction and living happy, healthy lives.

Compulsive Eaters Anonymous-HOW – or **CEA-HOW**, is a fellowship of individuals who, through shared experience, strength, and hope are recovering from compulsive eating and food addiction. We welcome everyone who wants to stop eating compulsively. There are no dues or fees; we are self-supporting through our own contributions.

We believe that compulsive eating is a progressive illness...one that, like alcoholism, can be arrested. At meetings of **CEA-HOW**, you will find acceptance, understanding and recovery.

END TAG (10 seconds) - - - - - End Tag To Be Produced by Radio Station - - - - -

*Your area phone &
CEA-HOW website*

For more information, call **000-000-0000** or go to
www.ceahow.org.