

Sponsorship Workshop

Saturday- November 9, 2014- 1-3pm EST

I. Opening- intro and acknowledgements

II. A. Abstinence Date

B. A Sponsor

C. Home Meeting

III. Upon first meeting.

Food Plan, "Forever Abstinent" gray booklet, AA Big Book, 12X12, Notebook & pen,

Sponsor's phone# & a call time, a phone list, a meeting, measuring spoons & cups, scale.

Instructions: Read the Food Plan 3 times, write your food down according to the template.

Write any questions you may have.

IV. Literature- Reading & Writing

V. Phone Calls

VI. Meetings

VII. Anonymity

VIII. Service

IX. Prayer & Meditation